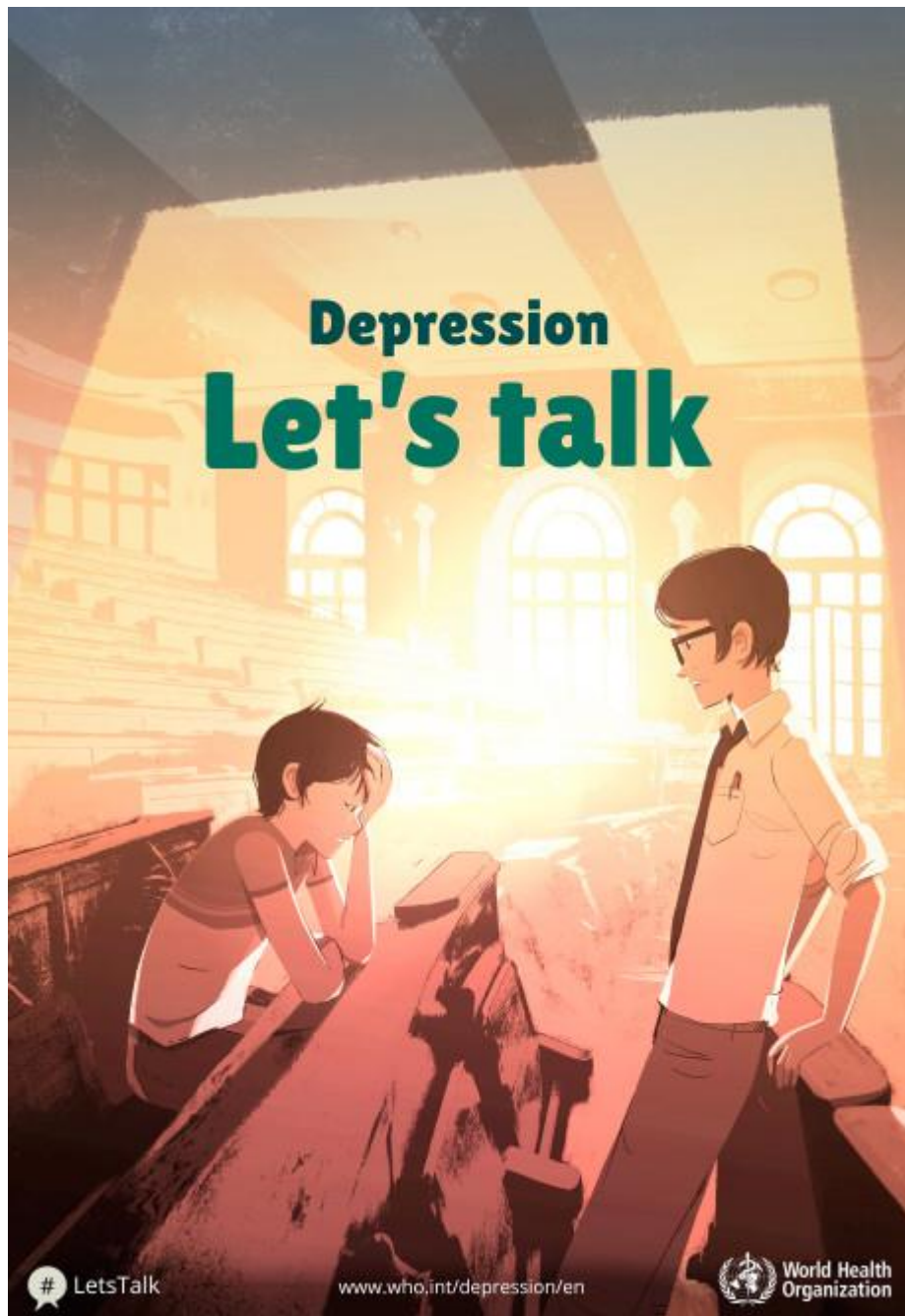


World Health Day - #Let's Talk

Friday 7 April, 2017



BioMed Central is proud to support this year's theme for World Health Day, '**Depression: Let's Talk**', a year-long campaign which begun on Mental Health Day 2016 by the World Health Organisation.

[See how BioMed Central supported this day last year.](#)

Below is a selection of open access articles, hand-selected by our Editors, in support of this year's World Health Day and the goals set out by The World Health Organization.

[See BioMed Central's support for World Health Day, 7 April 2017](#)

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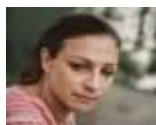
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Goals of this Campaign

- To better inform the general public about depression, its causes and possible consequences, including suicide
- To advocate the support that is available for prevention and treatment

- To encourage people with depression to seek help, and
 - To ensure that family, friends and colleagues of people living with depression are able to provide support
-



Find out more on what to you can do if you think you are depressed, how to support others who may be depressed, and more. Remember: Depression can be treated. If you think you have depression, seek help.

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