



UNIVERSAL HEALTH AND MENTAL HEALTH COVERAGE FOR ALL

CONNECTING PEOPLE AND SHARING PERSPECTIVES

12th-14th December 2018 - Valletta, Malta

**CALL FOR ABSTRACTS AND
EARLY BIRD REGISTRATION**

Registration NOW OPEN!



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World Association
of Social Psychiatry



WORLD FEDERATION
FOR MENTAL HEALTH



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INVITATION FROM THE JOINT CONGRESS PRESIDENTS

It is our pleasure to invite you to be part of this congress in Malta 'Universal Health and Mental Health Coverage for All - Connecting People and Sharing Perspectives.'

Why Universal Health and Mental Health Coverage for All?

The United Nations has reaffirmed the right of every human being to the enjoyment of the highest attainable standard of physical and mental health without distinction as to race, religion, political belief, economic or social condition, and to the full range of factors that support well-being.

Attaining this goal requires social integration and mental health access to all.

Mental health stigma and discrimination continues to be a barrier to access to good health for many people with a mental health condition because they do not have access to effective, evidence based health care. Public attitudes to people with mental health conditions are often negative. This affects how people engage with health care services and contributes to poor outcomes resulting from poor engagement with physical and mental health care interventions, delayed physical and mental health diagnosis and poor ongoing engagement with longer term treatment interventions.

For many people with long-term physical health conditions co-morbid mental ill health is becoming increasingly common. In order to obtain the best outcomes in long-term physical health conditions there is a need to address the mental health co-morbidity using a range of interventions, including addressing the wider determinants of health.

This congress builds on the success of our 2015 International Congress in Lille 'Mental Health for All – Connecting People and Sharing Experience' and endorses the values of the United Nations Declaration about Universal Health Coverage. It will bring together stakeholders with an interest in health, mental health, wellbeing and social care.



Professor Sir David Goldberg KSM



Professor Gabriel Ivbijaro MBE JP

We are inviting you to Malta especially as Valletta is one of the 2018 EU Capitals of Culture, and this will bring attention to our cause.

We have chosen the start date of the congress to coincide with the annual Universal Health Coverage Day and will take place from 12th – 14th December 2018.

We look forward to welcoming you to join us in Malta

ALL ABOUT MALTA

Megaliths, medieval dungeons and Calypso's Cave – The Maltese Islands are positively mythic. The narrow meandering streets of their towns and villages lead to the main square, which is invariably dominated by the huge baroque church. As the countryside is dotted with medieval towers, wayside chapels and the oldest known human structures in the world, the Islands have rightly been described as an open-air museum.

About Valletta

Valletta, The Fortress City, Citta' Umilissima, "a city built by gentlemen for gentlemen" is Malta's capital city: a living, working city, the administrative and commercial heart of the Islands. Valletta is named after its founder, the respected Grand Master of the Order of St. John, Jean Parisot de la Valette.

About the Venue

The Grand Hotel Excelsior, a 5 star Hotel in Malta, is two minutes away from Valletta. Sixteenth century fortifications embrace the hotel and its olive gardens making it the only 5 star hotel in Malta nestled within historic architecture. This is a unique opportunity to re-live Malta's rich history whilst unwinding during a Mediterranean Luxury Escape.



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CONFIRMED PLENARY SPEAKERS

Prof. Sir Goldberg, David
Prof. Ivbijaro, Gabriel
Prof. Riba, Michelle
Prof. Dowrick, Chris
Dr. Brooks, Claire
Prof. Herrman, Helen
Prof. Howe, Amanda

Dr. Javed, Afzal
Dr. Trimboli, Alberto
Dr. Chisholm, Dan
Dr. Dua, Tarun
Prof. Oldham, John M.
Prof. Roelandt, Jean-Luc
Dr. Saxena, Shekhar



PRELIMINARY CONGRESS PROGRAMME

THE TOPICS THAT WILL BE COVERED ARE THE FOLLOWING:

Universal health

- Financing universal health
- Health insurance
- Health and mental health promotion
- Health systems and mental health redesign
- Health access
- Health and mental health literacy
- Role of governments and NGO's
- Physical and psychological first aid
- Spirituality
- Volunteering
- Workforce training
- Health policy
- The legal framework for supporting health

Mental health and society

- Politics and mental health
- Mental health promotion
- Media and mental health
- Stigma and mental health
- Socioeconomics determinants of mental health
- Work and mental health
- Social media and mental health
- Mental health and the law
- Mental health prevention
- Economics and mental health
- Dignity and mental health

Mental and physical health

- Well being
- Mental health and food
- Mental health and sport
- Mental health and sexuality
- Comorbidity
- Resilience
- Self-care
- Integrated care and/or Collaborative care
- Non Communicable Diseases (NCD's) and long term mental health conditions

Mental health through the life course

- Mental health in infancy, childhood and adolescence
- Mental health and family
- Mental health and pregnancy and parenthood
- Mental health for the elderly

Clinical disorders

- Dementia
- Delirium
- Alcohol use disorder
- Drug use disorder
- Tobacco use disorder
- Schizophrenia
- Bipolar disorder
- Depression
- Phobic disorders
- Panic disorder
- Generalised anxiety
- Mixed anxiety and depression
- Adjustment disorder
- Dissociative disorder
- Bodily distress syndrome
- Neurasthenia
- Eating disorders
- Sleep problems
- Sexual disorders (male and female)
- Learning disabilities
- Hyperkinetic disorder
- Conduct disorders
- Enuresis
- Bereavement
- Comorbidity and long-term conditions
- HIV/AIDS
- Communicable and non-communicable diseases

Vulnerable populations

- Mental health in prisons
- Mental health for migrants
- Mental health and social exclusion
- Mental health for protected adults

Place of caregivers in mental health services

- Mental health awareness in education and training
- Caring for the mental health of caregivers
- Mental health and society

Resources in mental health in the present and the future

- Networking
- Empowerment
- Peer workers
- Perspectives in mental health
- Policy and mental health
- Research
- System strengthening
- Information sharing and governance
- Innovative practice
- Skill mix
- Mental health funding and financing