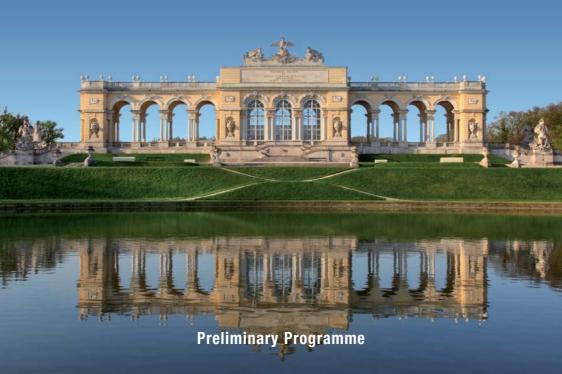
# 10th INTERNATIONAL FORUM ON MOOD AND ANXIETY DISORDERS

VIENNA, 17-19 NOVEMBER, 2010



www.ifmad.org



#### **DATES TO REMEMBER**

# 10 September 2010

DEADLINE FOR SUBMISSION OF ABSTRACT

# **17 September 2010**

DEADLINE FOR REDUCED REGISTRATION FEE

#### **IMPORTANT ADDRESSES**

**Organizing Secretariat** 



74, Bd d'Italie - 98000 Monte-Carlo - Monaco Ph. +377 97973555 - Fax +377 97973550 E-mail: ifmad@publicreations.com

Website: www.ifmad.org

## **Forum Venue**



**Hotel HILTON** 

Am Stadtpark 1, Vienna, Austria A - 1030

Tel: 43-1-717000 Fax: 43-1-7130691

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Forms available on internet: www.ifmad.org

# 2

#### **SCIENTIFIC COMMITTEE**

#### Chairman

Siegfried Kasper (Austria)

#### Co-Chairman

Stuart A. Montgomery (United Kingdom)

#### **Scientific Advisers**

- C. Allgulander (Sweden), C.A. Altamura (Italy),
- C. Arango (Spain), D. Baldwin (United Kingdom),
  - M. Bauer (Germany), P. Boyer (Canada),
  - G. Burrows (Australia), G.B. Cassano (Italy),
- K. Demyttenaere (Belgium), J. Den Boer (The Netherlands),
  - T. Dinan (Ireland), E. Eriksson (Sweden),
  - N. Fineberg (United Kingdom), T. Higuchi (Japan),
    - S.H. Kennedy (Canada), J.P. Lépine (France),
      - M. Maj (Italy), A.A. Mathé (Sweden),
  - J. Mendlewicz (Belgium), H.J. Moeller (Germany),
    - S. Pallanti (Italy), G. Papadimitriou (Greece),
    - G. Papakostas (USA), Z. Rihmer (Hungary),
  - A.F. Schatzberg (USA), D.J. Stein (South Africa),
    - T. Suppes (USA), E. Vieta (Spain),
  - L. Von Knorring (Sweden), D. Winkler (Austria),
    - S. Yamawaki (Japan), J. Zohar (Israel)

#### **WELCOME LETTER**



The International Forum on Mood and Anxiety Disorders (IFMAD) will be held from 17 to 19 November 2010 in Vienna, Austria.

The most useful feature about IFMAD meetings is that current clinical bot topics and new data are presented in a balanced format, adequately dissected and discussed in a collegiate atmosphere, and digested over dinner.

The meetings are always enjoyable and informative and along with the usual updates on new treatments in other areas this year's IFMAD will be an efficient way of catching up with the latest developments.

We invite you to join us again in November 2010 to give you the opportunity to keep abreast of the latest advances. It will be our pleasure to welcome you in Vienna.

Siegfried Kasper,
Chairman

Stuart A. Montgomery, Co-Chairman

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# PROGRAMME OVERVIEW

Wednesday, November 17	Thursday, November 18	Friday, November 19	
	09.00/10.30 Examining opportunities for increasing treatment success in depression and anxiety disorders	09.00/10.30 Controversies in resistant depression	
	10.30/11.00 Coffee break	<b>10.30/11.00</b> Coffee break	
	11.00/12.30 Treatment of Depression with Comorbidity	11.00/12.30 First line treatments post Cipriani	
	12.30/13.30 Lunch	<b>12.30/13.30</b> <i>Lunch</i>	
	13.30/15.00 Is bipolar depression different from unipolar depression?	13.30/15.00 Advances with herbal remedies	
14.30/16.00 How can we overcome the stigma against treatment	15.00/16.00  Debate: Do the suicide restrictions on antidepressants do more harm then good?	15.00/16.30 Treatment mechanism in OCD	
<b>16.00/16.30</b> Coffee break	16.00/16.30 Coffee break	<b>16.30/16.45</b> End of meeting	
16.30/18.00  GAD as an obstacle to successful management of other psychiatric conditions	16.30/18.00 The noradrenergic symptom cluster in depression		
18.00/19.00 Opening Ceremony			

NB: This agenda is subject to change



# WEDNESDAY, 17 November 2010

14.30 - 16.00	SO 01 - HOW CAN WE OVERCOME THE STIGMA AGAINST TREATMENT
SO 0101	How can we neutralise the stigma of the treatment of depression <b>TBC</b>
SO 0102	The need for early onset treatments in depression and anxiety  Carlo A. Altamura (Italy)
SO 0103	Stigma against PMDD caused by regulatory action <i>Elias Eriksson (Sweden)</i>
16.00 - 16.30	Coffee break
16.30 - 18.00	SO 02 - GAD AS AN OBSTACLE TO SUCCESSFUL MANAGEMENT OF OTHER PSYCHIATRIC CONDITIONS
SO 0201	Preclinical work in anxiety: Latest insights  Hans Den Boer (The Netherland)
SO 0202	Concurrent anxiety: Increasing the burden of other psychiatric disorders  Hans Jurgen Moeller (Germany)
SO 0203	Optimizing treatment in the presence of anxiety  Siegfried Kasper (Austria)
	Symposium sponsored by an unrestricted educational grant from Pfizer Limited
18.00 - 19.00	<b>Opening Ceremony</b>



# THURSDAY, 18 November 2010

09.00 - 10.30	SO 03 - EXAMINING OPPORTUNITIES FOR INCREASING TREATMENT SUCCESS IN DEPRESSION AND ANXIETY DISORDERS
SO 0301	Adressing stigma at diagnosis adopting an holistic approach from the outset <b>TBC</b>
SO 0302	Prioritising safety and efficacy in the treatment of elderly patients <b>TBC</b>
SO 0303	Is the choice of antidepressant a major factor in attaining the treatment goal?  Stuart Montgomery (UK)
	Symposium sponsored by an unrestricted educational grant from H. Lundbeck A/S
10.30 - 11.00	Coffee break
11.00 - 12.30	SO 04 - TREATMENT OF DEPRESSION WITH COMORBIDITY
SO 0401	Treatment of Parkinsons disease and depression  Cristina Sampaio (Portugal)
SO 0402	Influence of comorbid anxiety disorders on outcome in major depression  David Baldwin (UK)
SO 0403	Pharmacotherapy of neuropsychiatric manifestations of AIDs <b>Christer Allgulander (Sweden)</b>
10 20 12 20	Lunch



13.30 - 15.00	SO 05 - IS BIPOLAR DEPRESSION DIFFERENT FROM UNIPOLAR DEPRESSION?
SO 0501	Symptom profile and outcome in bipolar and unipolar depression  Jules Angst (Switzerland)
SO 0502	A review of the evidence for monotherapy in bipolar depression <b>Eduard Vieta (Spain)</b>
SO 0503	Augmentation strategies for bipolar and unipolar depression <i>Michael Bauer (Germany)</i>
15.00 - 16.00	SO 06 - DEBATE: DO THE SUICIDE RESTRICTIONS ON ANTIDEPRESSANTS DO MORE HARM THEN GOOD? Pro: Zoltan Rhimer (Hungary) Contra: Karl Broich (Germany)
16.00 - 16.30	Coffee break
16.30 - 16.30 ( 16.30 - 18.00	SO 07 - THE NORADRENERGIC SYMPTOM CLUSTER IN DEPRESSION
	SO 07 - THE NORADRENERGIC SYMPTOM
16.30 - 18.00	SO 07 - THE NORADRENERGIC SYMPTOM CLUSTER IN DEPRESSION Introduction: What is the noradrenergic symptom cluster?
<b>16.30 - 18.00</b> SO 0701	SO 07 - THE NORADRENERGIC SYMPTOM CLUSTER IN DEPRESSION Introduction: What is the noradrenergic symptom cluster? Stuart Montgomery (UK) The increasing burden of depressive disorder
16.30 - 18.00 SO 0701 SO 0702	SO 07 - THE NORADRENERGIC SYMPTOM CLUSTER IN DEPRESSION Introduction: What is the noradrenergic symptom cluster? Stuart Montgomery (UK) The increasing burden of depressive disorder Jean-Pierre Lépin (France) The noradrenergic symptom cluster - clinical expression and neuropharmacology
16.30 - 18.00 SO 0701 SO 0702 SO 0703	SO 07 - THE NORADRENERGIC SYMPTOM CLUSTER IN DEPRESSION Introduction: What is the noradrenergic symptom cluster? Stuart Montgomery (UK) The increasing burden of depressive disorder Jean-Pierre Lépin (France) The noradrenergic symptom cluster - clinical expression and neuropharmacology Pierre Blier (Canada) Improvement of the noradrenergic symptom cluster following treatment with milnacipran



# FRIDAY, 19 November 2010

12.30 - 13.30 Lunch

09.00 - 10.30	SO 08 - CONTROVERSIES IN RESISTANT DEPRESSION
SO 0801	Resistant depression state or trait: genetic and clinical evidence? Alessandro Serretti (Italy)
SO 0802	Do current guidelines interfere with identifying and treating resistant depression  Stuart Montgomery (UK)
SO 0803	Advances in the treatment of resistant depression  Daniel Souery (Belgium)
10.30 - 11.00	Coffee break
11.00 - 12.30	SO 09 - FIRST LINE TREATMENTS POST CIPRIANI
SO 0901	Multiple treatments meta-analysis of antidepressants for major depression: strengths and weaknesses?  Andrea Cipriani (Italy)
SO 0901 SO 0902	major depression: strengths and weaknesses?

Hans Jurgen Moeller (Germany)



13.30 - 15.00	SO 10 - ADVANCES WITH HERBAL REMEDIES
SO 1001	Is lavander an anxiolytic?  Siegfried Kasper (Austria)
SO 1002	The antidepressant properties of eucalyptus extract <b>TBC</b>
SO 1003	Who exactly benefits from St John's Wort in depression?  Markus Gastpar (Germany)
15.00 - 16.30	SO 11 - TREATMENT MECHANISM IN OCD
SO 1101	Augmentation strategies in resistant OCD Stefano Pallanti (Italy)
SO 1102	Relevance of cognitive dimensions in the treatment of OCD <b>Naomi Fineberg (UK)</b>
SO 1103	Do imaging studies improve treatment strategies in OCD? <b>Damiaan Denys (The Netherlands)</b>
16.30 - 16.45	End of meeting



#### **SCIENTIFIC INFORMATION**

#### **Audio-Visual Facilities**

Speakers must go to the preview room in order to validate and download their presentation files, at least forty minutes before the beginning of the sessions.

Please respect this schedule, otherwise, the performance of the received presentations is not guaranteed.

We cannot accept presentations delivered in room directly (without previewing).

Coffee breaks and midday are the busiest time in the preview room. So we recommend you to come to the preview early in the morning or during other presentations. An hostess will guide and assist the speakers for checking and downloading their presentation files.

#### **European Accreditation**

European UEMS (European Union of Medical Specialists) credits have been asked for this programme.

#### **Certificate of Attendance**

A certificate of attendance will be provided, on request, at the registration desk on the last day of the Forum.



#### SCIENTIFIC INFORMATION



#### Submission of abstracts

Participants wishing to present a paper should submit an abstract (through our Website: www.ifmad.org) that, if approved, will be selected for poster display.

Posters (at a maximum height of 150 cm and 90 cm base) will be displayed in the Forum area of the Hotel Hilton from Wednesday, 17 November to Friday, 19 November 2010.

#### Dead line for poster submission: 10 September 2010

#### **General instructions (Please read carefully)**

- Authors presenting abstracts must be registered participants. Abstracts will not be accepted or printed unless payment of fees have been received.
- · Abstracts must be written in English.
- The complete abstract must not exceed the box space (320 words).
- The abstracts should state clearly the Background/aims, Methods, Results and Conclusions.
- Structured abstracts are mandatory.
- Incomplete submissions of abstracts will not be considered.
- It is the author's responsibility to submit a correct abstract; any errors in spelling, grammar, or scientific fact may be reproduced as typed by the author, if accepted.
- The allocated poster boards space is cm 150 height and cm 90 base.
- Poster material must be prepared in advance and should be large enough to be viewed at a distance of 2m.
- Drawing and charts should be clear and simple.
- Acknowledgement of receipt of the submission will be sent to the stated e-mail address under section «Personal details».

- Changes to abstracts can only be accepted until the deadline (10 September) using your Personal Page.
- Notification on acceptance of the abstracts will be e-mailed by (11 October).
- The corresponding authors will receive all correspondence concerning the abstracts and is responsible for informing the other authors of the status of the abstract.
- · Conflict of Interest/Disclosure:
- Work submitted for presentation must include an acknowledgement of funding sources of commercial nature and/or consulting of holding of significant equity in a company that could be affected by the results of the study.
- All studies must have been approved by institutional committees on ethics of experimental and human investigations.
- Specific time allocation will be given during lunchtime/coffee breaks. During this time, posters should be attended by the authors for viewing and discussion.
- Abstracts will be published in a supplement of the International Journal of Psychiatry in Clinical Practice.

If you have any questions regarding abstracts please contact the Organizing Secretariat at ifmad@publicreations.com or +377 97 97 35 55

# 2

#### REGISTRATION

#### **Advanced Registration**

Please register as early as possible in order to benefit from the Early Registration Fee. The lower rate will be applied if you register at the congress by 17 September 2010.

Registrations can be made directly through our website **www.ifmad.org**, (on-line payment by credit card is in a secure certificate mode) or by filling up the Registration Form enclosed in this programme.

Please note that registration will only be confirmed once payment has been received. An invoice, that will serve as a confirmation letter of registration, will be sent to all delegates upon receipt of their payment.

#### Registration Fees (V.A.T. 20% included)

FEE	Before	After	Late
	17 September 2010	17 September 2010 until 29 October 2010	After 29 October and on site
AREA 1 (Canada, North America, Western Europe, South Pacific)	€ 450	€ 500	€ 600
AREA 2 (Mexico, Central America, Caribbean, South America, Eastern Europe, Southern Europe, Middle East)	€ 350	€ 400	€ 500
AREA 3 (Africa, Asia)	€ 290	€ 350	€ 450
TRAINEES*	€ 200	€ 250	€ 300
ACCOMPANYING PERSON	€ 150	€ 150	€ 150

<sup>\*</sup>Please, provide certification

## Registration fee includes:

- Attendance to all Scientific Sessions Opening Ceremony Welcome Reception.
- Lunches and Refreshments during breaks Congress kit Entrance to the Exhibition.

#### Accompanying fee includes:

- Welcome Reception.
- · Lunches and Refreshments during breaks.

#### Cancellations and Refunds:

Cancellation or modification of registration must be sent in writing to the Organizing Secretariat Publi Créations (ifmad@publicreations.com).

Before 17 September 2010: all fees will be refunded minus 20%.

After 17 September 2010 no refunds will be made. All amounts will be settled after the Forum.

After 1 October 2010 all name changes will be invoiced € 36.

#### **HOTEL ACCOMMODATION AND PAYMENT**





#### HOTEL HILTON AM STADTPARK

DOUBLE ROOM SINGLE USE	DOUBLE ROOM
€ 195	€ 205

The above mentioned rates are per room per night including V.A.T and American breakfast.

Deadline for hotel reservation: 1 October 2009. Requests after this date are subject to availability.

#### **Hotel Reservations**

Reservation should be made using the Hotel Accommodation Form enclosed in this programme and must be accompanied by the relevant payment (amount of the entire length of stay). Rooms will be allocated on a first come, first served basis. Confirmation of your accommodation booking (invoice) will be sent to you upon receipt of the payment.

#### **Cancellations and Refunds:**

In case of cancellations after 10 September 2010 you will be charged 100% of the room rate for the entire length of stay. In case of no-show, the amount paid is not refundable and the reservation will be automatically cancelled.

#### **Methods of payment**

Payments of registration and accommodation, must be made in Euro by one of the following methods:

• By Bank Transfer: please transfer the payment to PUBLI CRÉATIONS S.A.M.

#### Bank details:

Bank Julius BAER (Monaco)

1, avenue des Citronniers - MC 98000 Monaco (MC)

IBAN: MC 23 1450 8000 0151 0479 3001 D18 - Bic (swift) INGBMCMC

The payment transfer should be net of all charges to our Company and it should clearly state the "10th International Forum on Mood and Anxiety Disorders".

- By Bank Check: checks to be made in Euro to PUBLI CRÉATIONS S.A.M. and sent by post, together with the Registration and Accommodation Form to PUBLI CRÉATIONS, 74, Bd. d'Italie, MC 98000 Monte-Carlo (Monaco).
- By Credit Card: only VISA and EUROCARD/MASTERCARD are accepted. Please enter
  the credit card number and the expiration date in the appropriate space on the Forms.
   Please note that the payment should be net of all charges to our company.
- By Internet: www.ifmad.org (only for the registration). Payment by credit card is in a secure certificate mode.

Inquiries: any inquiries or request for additional information, changes or cancellation of room reservations must be addressed directly to: Publi Créations - 74, Bd d'Italie 98000 Monte-Carlo - Monaco - Ph. +377 97973555 - Fax +377 97973550 ifmad@publicreations.com - Website: www.ifmad.org

# 2

#### **GENERAL INFORMATION**

The "10<sup>th</sup> International Forum on Mood and Anxiety Disorders" will be held at the Hotel Hilton (Vienna) from 17-19 November 2010.

#### How to get to the Hotel

- Taxi: travelling time from the International Airport (www.viennaairport.com) to Hotel Hilton is approximately 25 minutes.
- Public transportation: the Hilton Vienna Am-Stadtpark has a direct airport connection via the City Airport Train (CAT) opposite the Hotel. You can also use the "Schnellbahn" which is the blue train into direction Floridsdorf. Exit the station at the "Wien Mitte", which is directly next to the hotel.

For public transportation the best ticket to use is the Vienna Card. Tickets are available from tobacconists, advance sale ticket offices of the Vienna Transport Authority and from the machines in the subway stations, trams and buses.

#### **Electricity**

The standard voltage is 220 V to the forum.

#### **Admission**

The participant's name badge will be provided at the registration desk.

All participants are requested to wear the badge throughout the congress.

Only badge holders will be admitted to the appropriate sessions, exhibition and social events.

#### Language

The official language of the Congress is English. No simultaneous translation will be provided.

#### Insurance

The Congress organizers cannot accept liability for personal injuries sustained, or for loss or damage to property belonging to Congress participants, either during or as a result of the Congress. Registration does not include insurance. It is strongly recommended that you take an insurance policy of your choice as you register for the Congress and book your travel.

#### Letter of invitation

The Forum Secretariat will be please to send letters of invitation to any individual making such request. A letter of invitation often facilitates the procedure of obtaining a Visa. Please note that the letter is not a commitment on the part of the forum to provide any financial support.

#### **Secretariat**

The secretariat desk will open on Wednesday, November 17th and stay open all through the Congress.

#### Welcome cocktail

All delegates are cordially invited to attend the Welcome Cocktail of the Forum, which will be held on Wednesday, 17<sup>th</sup> November at 18.00 in the Prefunction area of the Hotel Hilton.



# REGISTRATION **FORM**

will prevent your participation in the Congress. According to the law dated December 23, 1993, you have a feel and a cases and correction of your personal data. Any requests can be addressed to PUBLI DREATIONS SAM - 74, Bd. d'Italie - 99000 Montecario, MC Monaco - Fax. +377 97 97 35 50. I authorize the treatment and communication of my personal data as described above.

Signature

VIENNA 17-19 NOVEMB	ER, 2010		
Please use CAPITAL LET or PUBLI CREATIONS - 74, bd	- •	7 97 97 35 50 or ifmad@pu	blicreations.com
Surname	Na	me	
Specialty			
Institute Address			
Zip code City	y	Country	
Phone	F	ax	
E-mail			
For citizens of EEC count	t <mark>ries</mark> Fisca	al Code / V.A.T. number	
Registration fee (V.A.T. II	NCLUDED):		
FEE	Before	After	Late
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AREA 3 (Africa, Asia)	€ 290	€ 350	€ 450
* Please, provide certification	€ 200	€ 250	€ 300
Accompanying person ☐ €  I wish to pay by: ☐ Credit Card: ☐ Visa ☐  Payment shall be made paya  Card holder (Surname & First	Mastercard/Eurocable to PUBLI CRÉATIONS		
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Congress registration	informs you that connection to yo other compatible shall mean any automated mean PUBLI CREATION out any of the and computer- relative public or companies part	OF PERSONAL DATA - PUBLI CRÉATIONS SAM any personal data you provide, or any data rec ur participation to the Congress and/or to provide a carcivities organized by PUBLI CRÉATIONS SAI operation, or set of operations, carried out with sis, and must guarantee the confidentiality and S SAM as data controller and/or processor may following procedures: press releases, communication processor and private agencies related to CME, financial an cipating in the Congress with promotional funita has been collected. The provision of your private agencies related to CME, financial and the has been collected. The provision of your private agencies related to CME, financial and the has been collected. The provision of your private agencies related to CME, financial and the has been collected. The provision of your private agencies related to CME, financial and the provision of your provision your provision of your provision of your provision your provision your provision your provision	eived by third parties, will be used in le you with information regarding any M or by its partners. Data treatment or without the help of electronic or security of your personal data. The security of your personal data. The a vauli liself of its associates to carry nications to clients, data processing unicated to scientific associations, d banking intermediaries, as well as citons compatible with the purposes



# HOTEL ACCOMMODATION FORM

will prevent your participation in the Congress. According to the law dated December 22, 1993, you shall have a right of access and correction of your personal data. Any requests can be addressed to PUBLI CREATIONS SAM - 74, Bd. dittale - 99000 Montecarlo, Mc Monaco - Fax: 797 97 97 35 50. I authorize the treatment and communication of my personal data as described above.

VIENNA 17-19 NOVEMBER, 2010

Signature

Date:

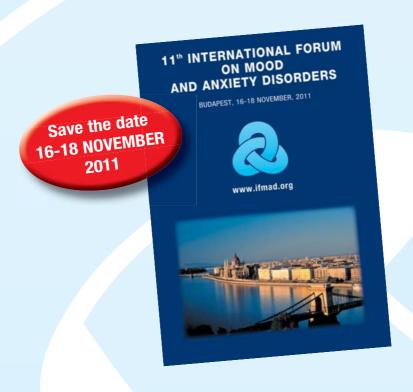
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Please use CAPITA or PUBLI CREATIONS -			97 97 35 50 or ifmad@pub	olicreations.com	
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Address					
Zip code	City		Country		
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E-mail					
Date of arrival		Da	te of departure		
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#### **ANNOUNCEMENT OF NEXT FORUM**

# The 11<sup>th</sup> International Forum on Mood and Anxiety Disorders

will be held in Budapest, Hungary from 16-18 November, 2011





Presentation: "Cipralex". Tablets containing 5, 10, 15 or 20 mg escitalopram (as oxalate). Indications: Major depression. Generalised anxiety disorder. Panic disorder. Social anxiety disorder. Obsessive compulsive disorder. Dosage: Usual dose is 10 mg daily. Maximum dose 20 mg daily. In elderly (>65 years), in panic disorder patients and in patients with reduced hepatic function an initial dose of 5 mg daily is recommended. Caution in patients with severely reduced renal function. Not recommended in children

and adolescents (<18 years). When stopping treatment the dose should be gradually reduced over a period of one or two weeks. Contraindications: Hypersensivity to escitalopram. Concomitant treatment with MAOIs. Pregnancy and lactation: Careful consideration prior to use in pregnant women. Breast-feeding women should not be treated. Precautions: The special warnings and precautions which apply to the class of SSRIs. Drug interactions: MAOIs, serotonergic drugs, drugs lowering the seizure threshold, lithium

trypthophan, St. John's Wort, anticoagulants, drugs metabolised mainly by enzymes CYP 2D6 or 2C19. Adverse events: Most frequent during the first or second week, very common is nausea, less frequent is adverse events comprising to the SSRI class. Overdosage: Doses between 400 mg and 800 mg of escitalopram alone have been taken without any severe symptoms. Consult full prescribing information before prescribing. H. Lundbeck A/S, Copenhagen, Denmark.

Date of preparation: February 2010

