



psychotherapy
excellence



LONDON
MAY 12-13-14
2017

**THE RESILIENCE OF MIND AND
BODY**
**CONGRESS ATTACHMENT
AND TRAUMA**

The development of the human brain, personality and body are determined, as we all

know, not only by what happens in each individual's life, but also by the way the brain and the body react to it. The resilience of the human mind and, from a more general perspective, of the nervous system – which extends throughout the body – depends, of course, on innate qualities, but also, and most importantly, on the early relational and emotional experiences that the infant makes all over the course of the developmental process.

For the very first time in London, eleven of the most eminent experts in the world are going to attend the fourth edition of the “Attachment and Trauma” Congress, to share their incredibly vast knowledge on this subject. More specifically, thanks to the valuable insights that each one of them will provide into this topic, participants will learn more about the interaction between experiences in life – especially early traumas and attachment bonds – and neurobiological processes, as well as about their impact on the human capacity to face and overcome psychological traumas, without losing a welcoming attitude towards every positive experience that life may offer. Furthermore, on the one hand, our speakers will give an in-depth overview of the different obstacles that prevent the human mind and body from recovering from traumatic experiences; on the other hand, they will explore the most effective treatments in the field of psychotherapy to help patients who feel “imprisoned” by their psychological traumas and to support them in increasing their resilience, removing any obstacles to the natural evolutionary pathway of their lives, and moving to a new chapter in life.

Every year, more than one thousand participants, coming from 40 different countries in the world, met in Rome to attend the past three editions of the Congress “Attachment and Trauma”, which many of them have defined “an historic event in the field of trauma-related psychotherapy”.

The fourth edition of the Congress, “Attachment and Trauma – The Mind and Body Resilience”, will take place in the heart of London, at the prestigious Queen Elisabeth II Conference Centre, uniquely situated in the shadow of the Big Ben, Westminster Abbey and the London Eye.

SPEAKERS

DANIEL SIEGEL United States

BESSEL VAN DER KOLK United States

ANTONIO DAMASIO United States

RACHEL YEHUDA United States

STEPHEN W. PORGES United States

JUDITH LEWIS HERMAN United Kingdom

VITTORIO GALLESE Italy

PAT OGDEN United States

DIANA FOSHA United States

LOUIS COZOLINO United States

ROBIN SHAPIRO United States

LANGUAGE English

LOCATION QEII Conference Centre - Broad Sanctuary, Westminster- SW1P 3EE London (Greater London)

FEE

- Early bird £ 295
- Psychotherapy Excellence members + MO members £ 280
- Student £ 240
- Full price £ 375

REGISTRATION

Please visit our website www.uk-congress.com or e-mail us

at isc@istitutodiscienzecognitive.it to get the application form and register to the Congress.

INFO

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