

Day 1, Wednesday 12 May 2010 - Definitions and Diagnostics

10.00 Registration

11.00 Expert Workshops (FREE to attend)
Prof Cookson/Prof Ferrier - The Severe Patient
Prof Angst/Dr Moreira/Ms Van Meter- Epidemiology
Prof Swann/Prof Koukopoulos - Best Practice in Research
Dr Hantouche/Dr Perugi - Best Practice in the Clinic
Prof Akiskal/Prof Figueira - Managing Depressive symptoms
Prof Rihmer/Dr K Fountoulakis - Managing Suicide
Prof Michalak - Non-pharmacological therapy

12.00 **IRBD 2010 Welcome and Introduction** Prof Z Rihmer (H)

The History of Psychiatry in Hungary
Prof I Bitter (H)

12.15 **Plenary 1:** Chair: Prof Z Rihmer (H)

The VIP as a psychiatric patient - challenges and opportunities
Prof H Akiskal (US)

12.45 **European Bipolar Forum**
Session 1: Temperament - Developments and Data. Chair: Prof E Karam (Leb)



**Cyclothymia, Affective / Basic Temperaments, and Schema-Focused Diagnosis:
Exploring Soft Bipolarity**
Dr E Hantouche (F)

Cyclothymia and Hyperthymia in bipolar 1 patients
Dr G Perugi (I)

Childhood Abuse and Temperament: New Findings
Dr A Rihmer (H)

14.15 **Science Update 1: Hypomania and its Cross-Cultural Stability as a Diagnosis**
Chair: Dr G Perugi (I)

Hypomania across cultures
Prof J Angst (CH)

Symptoms of hypomania and treatment-resistant depression
Prof J Rybakowski (POL)

15.15 Refreshments

Day 1 Cont/...

15.45

European Bipolar Forum

Session 2: Bipolar Spectrum and Impulsivity. Chair: Prof H Akiskal (US)

Prof E Karam (LEB)
Prof A Swann (US)

Genetics and impulsivity

Prof M Sarchiapone (I)



17.15

Interactive 1: Complex Treatments for a Complex Condition

Chair: Prof A Erfurth (AT)

Dr K Fountoulakis (Gr)

Dr J Cookson (UK)

Interactive 2: Suicide – Clinical 1

Chair: Prof Z Rihmer (H)

Temperament and suicide attempts in adolescents

Prof M L Figueira (Pg)

Antidepressants and Suicide: Results of a Naturalistic Media-initiated cross-over study

Dr A Joubert (DK)

18.00

Refreshments

18.30

Debate 1: Borderline Personality Disorder - Is it a part of the Bipolar Spectrum?

Chair: Prof J Angst (Ch)

For: Prof A Erfurth (AT)

Against: Prof J Deltito (US)

19.30

Close of Day 1

19.30

Open Drinks Reception

20.00

Closed committee meeting and dinner

Day 2, Thursday 13 May 2010 – Controversies

09.00	<p>Science Update 2: Basic Science Chair: Prof M Alda (CA)</p> <p>Genetic research of bipolar disorder: ready for clinical applications? Prof M Alda (CA)</p> <p>Genetic background and possible intermediary endophenotypes of suicide Dr X Gonda (H)</p> <p>Animal Models of Bipolar Disorder and Major Depressive Disorder: Are They Predictive? Prof A Mathé (SE)</p>	<p>Science Update 3: Emotional reactivity, age at onset and childhood trauma in bipolar disorders Chair: Prof C Henry (F)</p> <p>Emotional reactivity as a core dimension of bipolar disorder Prof C Henry (F)</p> <p>Early onset bipolar disorders: a subgroup of interest for the identification of risk factors Prof F Bellivier (F)</p> <p>Beyond genetics: childhood affective trauma in bipolar disorder Dr B Etain (F)</p>
10.00	<p>Science Update 4: Childhood/Adolescent Bipolar Disorder Chair: Dr A Moreira (Pg)</p> <p>Improving Diagnostic accuracy in Pediatric Bipolar Disorder Dr G Faedda (US)</p> <p>Implications of Parent Mood issues for the assessment and treatment of their children Prof E Youngstrom (US)</p>	<p>Science Update 5: Clinical aspects Chair: Prof G Faludi (H)</p> <p>Bipolar Disorder and Substance Misuse Prof I Maremmani (I)</p> <p>Managing Dual Diagnosis Prof F Kapczinski (Br)</p>
11.00	Refreshments	
11.30	<p>Interactive 3: Chair: TBC</p> <p>HPA Axis - Hormones, Stress and Bipolar Disorder Prof N Ferrier (UK)</p>	<p>Interactive 4: Basic Science - ECT Developments Chair: Prof A Swann (US)</p> <p>The history and present practice of ECT in Hungary Dr G Gazdag (H)</p>
12.00	<p>Plenary 2: ECT and Bipolar Disorder: Chair: Dr E Hantouche (F)</p> <p>- Is ECT in bipolar disorder an under-utilized treatment option that could have saved lives and reduced misery? Dr V Syrstad (No) Dr K Ødegaard (No)</p>	
13.00	Lunch	
14.00	<p>Sponsored Session 1: AstraZeneca: Bipolar disorder: difficult to diagnose, difficult to treat Co-Chairs: Prof S Montgomery (UK)/Prof Z Rhimer (H)</p> <p>Lithium versus other mood stabilisers in the treatment of bipolar disorder Prof E. Vieta (E)/Prof H Grunze (UK)</p> <p>Prof J Scott (UK)/Dr A González Pinto (E)</p>	
15.30	Refreshments	

Day 2, Cont/...

16.00	Interactive 5: Gender Issues Chair: Dr R H McAllistair-Williams (UK) Current Women's Issues in Bipolar Disorder Dr K Macritchie (UK) Dr I Jones (UK)	Special Hungarian Symposium: ADHD and Bipolar Disorder in the Lifespan Chair: Prof I Bitter (H) Attention-deficit/ hyperactivity disorder and bipolar disorder among children and adolescents Dr J Balázs (H) Challenges in the differential diagnosis of adult ADHD Dr V Simon (H)
16.45	Interactive 6: Cognition & QoL Chair: Prof Z Janka (H) Dr E Michalak (CA)	Interactive 7: Suicide - Clinical 2 Chair: Prof C Banki (H) Management of suicide risk: from assessment to psychoeducation Prof M Pompili (I)
17.15	Plenary 3: The Role of Bipolarity in Drug-Resistant Depression and Suicide Chair: Prof H Akiskal (US) Prof Z Rihmer (H)	
18.00	Refreshments	
18.30	Debate 2: Low dose Typical vs Atypical for Long-Term Therapy Chair: Prof M L Figueira (PG) <i>For: Dr J Cookson (UK)</i> <i>Against: Prof N Ferrier (UK)</i>	
19.30	Close of Day 2	
20.30	Dinner and Life Time Achievement Awards (Tickets available)	

Day 3, Friday 14 May 2010 - Developments & Ethics

10.00 **Plenary 5: 10 years of Change - The Learnings during the Life of IRBD**
Chair: Prof A Swann (US)

Agitated and Mixed Depression
Prof A Koukopoulos (I)

10.45 **Plenary 6: The Genetics of the Bipolar Spectrum: Genetics in the Clinic**
Chair: Prof Z Rhimer (H)

Prof J Kelsoe (US)

11.15 **Refreshments**

11.45 **Plenary 7: New Approaches to Treatment - A Summary of Major Developments in 2009**
Chair: Prof E Youngstrom (US)

Prof J Soares (US)

12.30 **Plenary 8: The Rise and Fall of the Biopsychosocial Model: Eclectic Psychiatry Examined**
Chair: Prof I Bitter (H)

Prof N Ghaemi (US)

Roundtable: Prof A Koukopoulos (I), Dr E Michalak (CAN), Dr E Hantouche (F)

13.30 **Conference Close**