

## Dear Colleagues,

On behalf of the International Society of Behavioral Medicine, the Hans Selye Hungarian Society of Behavioral Sciences and Medicine and the Scientific Program and Local Organising Committees, we warmly invite you to the 12th International Congress of Behavioral Medicine to be held in Budapest, Hungary in 2012.

The International Society of Behavioral Medicine (www.isbm.info) is a vibrant scientific society representing individuals from all over the world who are brought together by a common interest in the development and integration of sociocultural, psychosocial, behavioral and biomedical knowledge relevant to health and illness and the application of this knowledge to disease prevention, health promotion, etiology, diagnosis, treatment and rehabilitation.

Our Congress, held every two years, brings together over 700 scientists and trainees in the field of Behavioral Medicine from diverse international and scientific backgrounds. The theme of the 12th Congress Behavioral Medicine: From Basic Science to Clincial Investigation and Public Health will be reflected throughout the meeting through a variety of symposia, paper and poster presentations. Midday meetings and career development and networking opportunities will also be available. In addition to our scientific program, we have a very exciting social programme available that includes opening and closing receptions, several tours and a Danube River Cruise Banquet. We hope you will join us for what promises to be a very stimulating meeting.

### Cordially,

Norito Kawakami, MD.

President
International Society
of Behavioral Medicine
E-mail: norito@m.u-tokyo.ac.jp

### Frank J. Penedo, PhD.

Program Chair 12th International Congress of Behavioral Medicine *E-mail:* fpenedo@miami.edu

### Adrienne Stauder, MD. PhD

President Hans Selye Hungarian Society of Behavioral Sciences and Medicine *E-mail:* staadr@net.sote.hu

### ORGANIZED BY

International Society of Behavioral Medicine (ISBM)

Website: www.isbm.info

Hans Selye Hungarian Society of Behavioral Sciences and Medicine

E-mail: info@selyesociety.hu
Website: www.selyesociety.hu | www.behsci.hu

## Scientific Program



Based on the tradition of the previous eleven congresses, the scientific program of the congress will include keynote addresses. master lectures, symposia, panels, roundtable discussions, oral and poster presentations, meetings of special interest groups, teaching and training workshops, satellite activities, and scientific and trade exhibitions.

The 12th ICBM will be attended by experts in behavioral medicine and related disciplines from every region of the world offering an excellent opportunity for networking and building collaborations among scientists from diverse regions as well as discussions among disciplines that contribute to the science and practice of behavioral medicine.

### KEYNOTE ADDRESSES

### Jean Claude Mbanya, Cameroon

International Perspectives in Diabetes Prevention, Treatment & Care

### Irina Todorova, Bulgaria

Cancer Screening Health Disparities & Reproductive Health

### Neil Schneiderman, USA

Cardiovascular Behavioral Medicine: Basic Research, Population Science & Clinical Trials

### MASTER LECTURES

### John Cacioppo, USA

Social Neuroscience: The Impact of Social Connections on Biological Mechanisms & Health

### Yan Guo, China

Health Equity, Reproductive Health & Nutrition

### Harold Snieder, Netherlands

Genetic Epidemiology of Common Diseases of Aging

### Linda Carlson, Canada

Mindfulness-based Stress Reduction (MBSR) for Cancer Patients

### Tamás Freund, Hungary

Control of Cortical Inhibition and Excitation by Endocannabinoids: Novel Insights into Anxiety and Epilepsy

### PRE-CONGRESS AND POST-CONGRESS WORKSHOP

The congress will include pre-congress and post-congress workshops on a range of topics relevant to behavioral medicine research and practice.

### WORKSHOPS (CONFIRMED)

### Maria Llabre, USA

Structural Equations Modeling Methods in Behavioral Medicine

### Ralf Schwarzer, Germany

Mechanisms of Health Behavior Change

### Lucy Yardley & Leanne Morrison, UK

Developing Internet-Based Health Behavior **Change Interventions** 

### Peter G. Kaufmann, USA

Designing Research in the Field of Behavioral Medicine: Design and Analysis of RCTs

### Wayne Velicer, USA

Idiographic Research Methodology

## Call for papers 5

### ABSTRACT SUBMISSION

### 20 September, 2011 - 15 January, 2012

All abstract submissions (except tutorial workshops) must be made via the on-line submission website. Abstracts sent by post, fax or e-mail will not be considered.

### RAPID COMMUNICATION POSTER

Rapid Communication poster submission is available from 16 January, 2012 until 1 May, 2012 via on-line submission website.

### ICBM2012 ABSTRACT SUBMISSION INSTRUCTIONS

For detailed information, please visit the website: www.icbm2012.com

### **Tutorial Workshops**

Please note that the submission deadline for Tutorial Workshops is 1 November, 2011 and all Tutorial Workshop submissions are submitted directly to the ICBM Tutorial Workshop Coordinator Dr. Eduardo Remor (eduardo.remor@uam.es)

### PROGRAM SCIENTIFIC TRACKS

(for a detailed description of the Scientific Tracks please visit website: www.icbm2012.com)

- Adherence
- Aging
- Infectious Diseases/SARS/HIV/AIDS
- Alcohol/Smoking/Substance Abuse
- Genetics/Environmental Interactions
- Cancer
- Cardiovascular & Pulmonary Disorders
- Childhood & Adolescence
- Cross Track and Other
- Diabetes/Metabolism/Nutrition/Obesity/ **Eating Disorders**
- Gender & Health
- Health Behaviors

- Health Education and Promotion
- Health Systems, Policy and Economics
- Illness/Illness Affect/Illness Behavior
- Measurement and Methods
- Pain, Musculoskeletal, and Neuromuscular Disorders
- Physical Activity
- Functional Somatic and Somatoform Disorders
- Psychophysiological Disorders & Sleep
- Screening & Early Detection
- Socioeconomic Factors, Culture, & Global Health
- Stress/Psychophysiology/PNI/PNE
- Translation of Research to Policy & Practice
- Violence/Victimization/PTSD
- Work Related Health

### **EARLY CAREER AWARDS**

The Governing Council of the International Society of Behavioral Medicine (ISBM) will present up to ten Early Career Awards, each in the value of USD 500, to promote careers in behavioral medicine. The awards will be distributed at a congress ceremony. For award winners from countries with limited resources, ISBM will provide additional funds to help cover the costs of travel, registration and lodging. Recipients will have distinguished themselves scientifically or in their clinical practice career. For more details, please visit the WEBSITE: www.icbm2012.com.

The deadline for the award applications is 1 April 2012. All applicants will be notified of the outcome of their application by 15 May 2012.

### Committees

### SCIENTIFIC PROGRAM **COMMITTEE**

Frank J. Penedo, PhD - Chair University of Miami, USA

Mária S. Kopp, MD, DSc - Co-Chair Semmelweis University, Hungary

Adrienne Stauder, MD, PhD - Co-Chair Semmelweis University, Hungary

Norito Kawakami, MD - ISBM President University of Tokyo, Japan

Linda Baumann, PhD, RN - Past Chair University of Wisconsin-Madison, USA

Linda Cameron. PhD - Tracks Chair University of California-Merced, USA

### Eduardo Remor, PhD

- Workshops Coordinator Autonomous University of Madrid, Spain

### Hans-Christian Deter, MD, PhD

Charité Universitätsmedizin & Humboldt University, Germany

### Brian Oldenburg, PhD

Monash University, Australia

### Paula Repetto, PhD

Catholic University of Chile, Chile

### Geoffrey Setswe, PhD

Monash University, South Africa

### Akizumi Tsutsumi, MD, PhD

University of Occupational & Environmental Health, Japan

### Wayene Velicer, PhD

University of Rhode Island, USA

### LOCAL ORGANIZING **COMMITTEE**

Adrienne Stauder, MD, PhD - Chair President HUSBM Semmelweis University, Hungary

Zoltán Cserháti, MD - Co-Chair General Secretary HUSBM Semmelweis University, Hungary

### Mária S. Kopp, MD, DSc

Honorary President HUSBM Semmelweis University, Hungary

Csilla Raduch Ferenc Túrv MD, PhD Jenő Lőrincz MD Márta Novák MD, PhD Noémi Somoriai Szilvia Ádám PhD

### **CONGRESS SECRETARIAT**

### CongressLine Ltd., Hungary

H-1065 Budapest, Révay köz 2. Tel: +36-1-4290146, +36-1-3121582 Fax: +36-1-4290147 Website: www.congressline.hu

### Registration, Hotel reservation

### Bea Golovanova

golob@congressline.hu

### Eszter Riesz

riesz@congressline.hu

### Abstract Submission

### Melinda Papp-Vid

pappvid@congressline.hu



### **CONGRESS DATE**

Wednesday - Saturday, 29 August – 1 September, 2012

### **CONGRESS VENUE**

### Hilton Budapest Castle Hill

H-1014 Budapest, Hess András tér 1-3.

Set in the heart of the Royal Castle District, and a few steps from UNESCO World Heritage sites. Magnificent view of the River Danube, the city of Budapest and the romantic, cobbled streets of old Buda. Ingenious architectural planning: restored remains of a 13th-century Dominican cloister and monastery incorporated into the contemporary structure of the hotel.

# General Information

### OFFICIAL CONGRESS LANGUAGE

The official language of the Congress will be English.

### **CONGRESS WEBSITE**

www.icbm2012.com

### ISBM WEBSITE

http://www.isbm.info/

### **IMPORTANT DEADLINES**

### 1 November, 2011

Tutorial Workshop submission deadline (to be submitted by email)

### 15 January, 2012

On-line abstract submission closes

### 16 January, 2012

Rapid communication poster submission opens

### 15 March, 2012

Abstract acceptance notification

### 1 April, 2012

Early Career Award application deadline

### 1 May, 2012

Early bird registration, Rapid communication poster submission closes

## General and Useful Information

### REGISTRATION

 $Registration is \ required \ for \ all \ congress \ participants \ and \ presenters. \ It is \ recommended \ to \ make$ the registration on-line or by using the Registration and Hotel Booking Form. (It can be downloaded from the website.)

### REGISTRATION FEES

Registration	Early Bird Fee until 1 May, 2012	<b>Regular Fee</b> until 15 August, 2012	<b>On Site Fee</b> after 15 August, 2012
ICBM Member	380 Euro	420 Euro	460 Euro
Non-member	420 Euro	470 Euro	520 Euro
Students, Trainee, Post-doctoral fellow**	160 Euro	210 Euro	250 Euro
CEE* ICBM member	180 Euro	210 Euro	240 Euro
CEE* non-member	210 Euro	250 Euro	290 Euro
CEE* Student	100 Euro	120 Euro	140 Euro
Accompanying person	160 Euro	160 Euro	160 Euro
Tutorial Workshops	45 Euro	45 Euro	45 Euro
Daily fee	160 Euro	160 Euro	160 Euro

<sup>\*</sup>CEE = Central-Eastern European Countries: for the list of supported countries please visit the website. \*\* Student = Undergraduate, graduate & medical students, post-doctoral fellows, interns. Verification

### The full, student and CEE registration fees include:

- Access to all congress sessions
- Delegate bag with Final Program and Abstract book

required. (Please visite the website for more details.)

- Attendance at the Opening Ceremony and Welcome Reception, Closing Reception
- Coffee and Tea (during breaks)

### The fee for accompanying person includes

- Attendance at the Opening Ceremony and Welcome Reception, Closing Reception
- Half-day Sightseeing tour in Budapest
- Bath tour

### Daily ticket includes

- Access to all congress sessions on the chosen day
- Final Program
- · Coffee and Tea on the chosen day (during breaks)

### **OPENING HOURS OF THE** REGISTRATION DESK

(at the congress venue: Hotel Hilton Castle Hill)

29-30-31 August, 2012 1 September, 2012

8:00-19:00 8:00-12:00

### **MEALS**

Tea and coffee will be available during breaks. Snack boxed lunches will be available for 15 Euro/meal (sandwich, fruit and drink) and a *light conference lunch* will also be available in the hotel restaurant for 22 Euro/meal.

### CANCELLATION POLICY OF REGISTRATION

All the cancellations and changes must be sent to the Congress Secretariat (CongressLine Ltd.) in written form. All refunds will be processed after the ICBM2012 Congress. Please send your exact bank account details in the written cancellation.

- 100% refund (minus an administrative fee of 50 Euro) - in case of cancellation received before 15 July, 2012
- No refund in case of cancellation, received after 15 July, 2012

### HOTEL ACCOMMODATION

Congress Secretariat (Congressline Ltd.) is the official travel agent of the congress and handles hotel accommodation. Various hotels are offered in the neighborhood of the congress venue in different price categories. For details, map and reservation, please visit the website. (www.icbm2012.com)

### **PAYMENT**

All registration fees and other payments should be made in Euros. Registration fees can be paid via on-line registration, or by completing and sending the Secretariat the Registration form. Please visit the website (www.icbm2012.com) for the details.

### Bank Transfer has to be made to

#### Account Holder's name:

CongressLine Ltd.

IBAN number:

HU19 10404027 50504851 52551011

Swift Code:

OKHBHUHB

### Bank name and address:

K&H Bank Zrt. (H-1051 Budapest, Vigado ter 1. Hungary)

Please indicate "ICBM2012" and the name of the participant(s).

### Credit Card

### VISA, EuroCard/MasterCard, American Express

Card number with expiration date, card holder's name, billing address of the cardholder, CVC code (the last three digits on the back of the credit card where the signature is - only VISA and EC/MC) and signature of the cardholder are needed.

### VISA

Hungary is part of the Schengen Area of 25 European countries. For non-Schengen EU. USA and Canadian citizens a valid passport is sufficient to enter Hungary. Citizens of other countries should check whether visa is needed for them when entering Hungary (for more information please visit the home page of the Ministry for Foreign Affairs of the Republic of Hungary. (www.mfa.gov.hu) Please find more information on the website: www.icbm2012.com

### INVITATION LETTER

An official invitation letter will be sent to participants who may need it to obtain visa or funding, etc. Please mark a request for an official letter of invitation on the registration form to assist you with your visa. The invitation does not constitute a commitment to provide any financial support for travelling and living expenses. The invitation letter will only be sent upon receipt of the registration fee.

### ICBM2012 OFFICIAL CARRIER

### MALÉV Hungarian Airlines

(Part of OneWorld Airline alliance: www.oneworld.com)

For more information and discounts please visit the congress website.

### **CLIMATE**

The climate of Budapest is continental. In August usually nice warm weather can be expected with a max. temperature of 25-28°C, while the lowest temperature during the night ranging between 12-15 °C. Nevertheless some rainy days can be expected.

### **INSURANCE**

The registration fees do not include provision for the insurance of participants against personal accidents, illness, cancellation, theft, property loss or damage. Participants are advised to take adequate personal travel insurance.

### **CURRENCY**

The Forint (HUF), the official national currency, is convertible. The exchange rates applied in Budapest banks, official exchange offices and hotels may vary. All the major credit cards are accepted in Hungary in places displaying the emblem at the entrance.

Exchange rate: 1 Euro = 270 HUF in August 2011.

### **CREDIT CARDS**

In general, VISA, EC/MC and American Express credit cards are accepted in most restaurants, cafés, shops and petrol stations.

### STORES AND SHOPPING

The opening hours of Budapest stores are generally 10.00-18.00 on weekdays and 10.00-13.00 on Saturday.

The big shopping centres are open from 10.00-20.00 from Monday to Saturday and from 10.00-18.00 on Sunday.



### **ELECTRICITY**

The voltage in Hungary is 230V, 50 Hz AC.

### TIME ZONE

CET (Central European Time) = GMT+2



### NEAREST RESTAURANTS

- Alabárdos Restaurant 1014 Budapest, Országház u. 2. www.alabardos.hu
- Café Pierrot Restaurant 1014 Budapest, Fortuna u. 14. www.pierrot.hu
- Tabáni terasz Budapest, I. ker., Apród utca 10. www.tabaniterasz.hu
- Rivalda Café & Restaurant 1014 Budapest, Színház u. 5-9. www.rivalda.net
- Fortuna H-1014 Budapest, Hess András Tér 4. www.fortuna-restaurant.hu
- Manna Lounae H-1013 Budapest, Palota út 17. www.mannalounge.com
- Bonfini kert 1012 Budapest, Lovas út 41. www.bonfinikertetterem.hu
- Ildikó restaurant 1013 Budapest, Fő utca 8. www.ildiko-konyhaja.hu
- Ősbudavár restaurant 1014 Budapest, Országház utca 10. www.osbudavar.hu

### THE MOST IMPORTANT **HUNGARIAN WORDS**

**yes** – igen **no** - nem hi - szia please - kérem *thank you* – köszönöm you're welcome - szívesen **good morning** – jó reggelt! good evening – jó estét! good night - jó éjszakát! good bye – viszlát! sorry – sajnálom no problem – semmi baj how are you? - hogy vagy? where is..? - hol van..? *I* − én **vou** – Te

I don't understand - nem értem how much does it cost? - mennyibe kerül? cheers! - egészségedre!

## Social Programs and Tours



### **OPENING CEREMONY**

Wednesday, 29 August, 2012 /17.00-18.30 Venue: Budapest Hilton Castle Hill (H-1014 Budapest, Hess András tér 1-3.)

### WELCOME RECEPTION

Wednesday, 29 August, 2012 / 18.30-20.00 Venue: House of the Hungarian Culture Foundation

(H-1014 Budapest, Szentháromság tér 6.) Price: included in the registration fee

### **CLOSING CEREMONY** & RECEPTION

Saturday, 1 September, 16.00-18.30

Venue: Budapest Hilton Castle Hill (H-1014 Budapest, Hess András tér 1-3.) Price: included in the registration fee

### OPTIONAL BANQUET DINNER

ICBM2012 River Cruise Banquet Dinner Friday, 31 August, 2012/20.00-23.00

Price: 75 Euro / person Danube River Cruise



## Optional and Congress Tours



### **Optional Tours**

### SIGHTSEEING TOUR IN BUDAPEST

Wednesday, 29 August / 13.00-17.00 Thursday, 30 August / 09.00-13.00 Price: 25 Euro / person

### **BUDAPEST ART TOUR**

Friday, 31 August / 09.00-13.30 Price: 30 Euro / person

### THE JEWISH SIGHTS OF BUDAPEST

Thursday, 30 August / 09.00-13.00

Price: 30 Euro / person

### BUDAPEST BATH TOUR - SZÉCHENYI BATH

Saturday, 1 September / 09.00-13.00 Price: 30 Euro / person

### Post-Congress Tour

DANUBE BEND TOUR (SZENTENDRE – ARTISTS' VILLAGE, VISEGRÁD)

Saturday, 31 August / 15.00-21.00 Price: 65 Euro / person

For more detailed information, please visit the website.

### 1) Hilton Budapest Castle Hill (venue) H-1014 Budapest, Hess András tér 1-3.

### 2) Victoria Hotel

H-1011 Budapest, Bem rakpart 11.

### 3) Art'otel

H-1027 Budapest, Bem Rakpart 16-19.

### 4) Lánchíd19 Hotel

H-1013 Budapest, Lánchíd utca 19.

### 5) Hotel Central Basilica

H-1051 Budapest, Hercegprímás utca 8.

### 6) Mercure Buda

H-1013 Budapest, Krisztina körút 41.

### 7) Hotel Castle Garden

H-1014 Budapest, Lovas utca 41.

### 8) La Prima Fashion Hotel

H-1052 Budapest, Pesti Barnabás utca 6.

### 9) Carlton Hotel

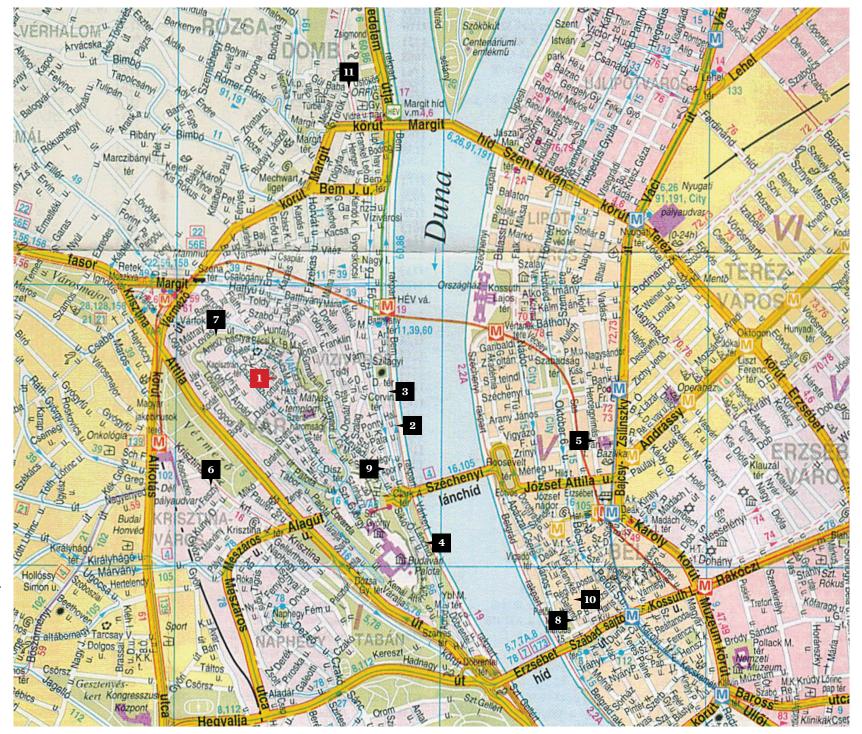
H-1011 Budapest, Apor Péter utca 3.

### 10) Promenade Hotel

H-1052 Budapest, Váci utca 22.

### 11) Császár Hotel

H-1023 Budapest, Frankel Leó utca 35.



### **Important Deadlines**

1 November, 2011 - Tutorial Workshop submission

15 January, 2012 - On-line abstract submission

1 May, 2012 – Early bird registration, on-line Rapid communication poster submission



www.icbm2012.com