# The XXVII World Congress of THE INTERNATIONAL ASSOCIATION FOR SUICIDE PREVENTION

Preventing suicidal behaviour on five continents – Innovative treatments and interventions



SEPTEMBER 24.-28.2013
RADISSON BLU PLAZA HOTEL
OSLO/NORWAY
www.iasp2013.org









# WELCOME TO OSLO













## CONTENT

- 4 Hosts
- 6 Important Addresses
- 6 Important Dates
- 7 Organisation
- 8 IASP
- 9 Congress Venue
- 10 Programme at a Glance
- 12 Plenary Speakers and Lectures
- 14 Call for Papers
- 15 Call for Symposia and Workshops
- 16 Other Events
- 17 Registration
- 20 Accommodation
- 22 Social Programme
- 24 Accompanying Persons' Programme
- 26 General Information
- 31 Map of Venue

# Dear Colleagues

We are delighted to invite you to attend the XXVII World Congress of the International Association for Suicide Prevention which will take place in Oslo, Norway between the 24th and 28th of September 2013. The congress is organised by the National Centre for Suicide Research and Prevention at the University of Oslo and IASP, sponsored by the World Health Organisation (WHO), and supported by the Norwegian Directorate of Health.

On every Continent suicide represents a strong challenge to the safety and well-being of people of all ages. The number of lives lost each year through suicide exceeds the number of deaths due to homicide and war combined. Suicide attempts and suicidal ideation are far more common; the number of suicide attempts may be up to 20 times the number of deaths by suicide. Some risk factors for suicide, such as mental disorder, are supported by a wealth of research data, whereas others, such as financial problems and cultural factors, are less researched, but still of great importance. It is important to be aware of the fact that though risk factors may be complex, suicide is a preventable societal problem. Much effort from researchers, clinicians, volunteers and survivors of suicide bereavement is currently being made on all Continents to create, disseminate and put to use new knowledge on how to prevent suicide. The biennial world congresses of the IASP have established themselves as the key venue for sharing of research results, prevention and intervention strategies, knowledge and experiences; and everyone with an interest in suicide prevention should make it a priority to attend. The Oslo 2013 congress will provide all delegates with a rich scientific programme highlighting the latest developments in suicide research and prevention and aims to cover a broad range of topics and interests. A key word to all content is innovation. The enormity of the problem of suicidal behaviour world-wide calls for creative and courageous efforts to bring new ideas and new knowledge into practical work in effective approaches of treatment and intervention.

We encourage all of you to use the XXVII World Congress of the International Association for Suicide Prevention to share your own experiences and take part in formal and informal discussions spanning a wide range of topics. An exciting social and cultural programme and an opportunity to experience the flavour of Oslo and Norway with its many touristic attractions will hopefully make your conference experience complete.



# Set aside the dates in your calendar now – and join us for the XXVII World Congress of the IASP in Oslo in September 2013!



Lars Mehlum M.D. Ph.D.
Congress President
Professor of Psychiatry and Suicidology
National Centre for Suicide Research and Prevention
University of Oslo, Norway



Lanny Berman Ph.D.
President
International Association
for Suicide Prevention



UiO University of Oslo



CO-SPONSOR



5

#### **IMPORTANT ADDRESSES**

#### **CONGRESS WEBSITE**

www.iasp2013.org

#### REGISTRATION

Registration, accommodation and abstract handling details are published on the Congress website: www.iasp2013.org

# QUESTIONS REGARDING SUBMISSION OF ABSTRACTS

Please see the information presented on www.iasp2013.org or contact the Congress Secretariat via email: iasp2013abs@congrex.no

All communications regarding conference matters should be directed to iasp2013@congrex.no

#### IASP CENTRAL ADMINISTRATIVE OFFICE

National Centre for Suicide Research and Prevention

Sognsvannsveien 21, Building 12 NO-0372 Oslo, Norway

Tel: +47 22 92 37 15 Fax: +47 22 92 39 58 Email: office@iasp.info

#### **CONGRESS SECRETARIAT**

Congress-Conference AS PO Box 2694 Solli NO-0204 Oslo, Norway Tel: +47 22 56 19 30 Fax: +47 22 56 05 41

Email: iasp2013@congrex.no



#### NATIONAL CENTRE FOR SUICIDE RESEARCH AND PREVENTION, UNIVERSITY OF OSLO

Sognsvannsveien. 21, Building 12

NO-0372 Oslo, Norway Tel: +47 22 92 34 73 Fax: +47 22 92 39 58





## **IMPORTANT DATES**

31 January 2013 Deadline for proposals for symposia and workshops

31 March 2013 Deadline for submission of abstracts
15 May 2013 Deadline for early-bird registration fee

15 July 2013 Paper submission for Expert Supervision for

Young Researchers

23 September 2013 Deadline for regular registration fee



#### **ORGANISATION**

#### IASP BOARD, 2011-2013

President Dr. Lanny Berman

1st Vice President Prof. Marco Sarchiapone

2nd Vice President Dr. *Ella Arensman*3rd Vice President Prof. *Paul Yip* 

Treasurer Prof. Michael R. Phillips

General Secretary Dr. Tony Davis

National Rep. Dr. Sunny Collings

Organisational Rep. Dr. Jerry Reed

#### INTERNATIONAL SCIENTIFIC COMMITTEE

Prof. Lars Mehlum, Norway (Chair)

Dr. Ella Arensman, Ireland

Dr. Alan Berman, USA

Prof. David Brent, USA

Dr. Tony Davis, Australia

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Prof. Keith Hawton, UK

Prof. Murad Khan, Pakistan

Dr. Eugene Kinyanda, Uganda

Dr. Erlend Mork, Norway

Prof. Merete Nordentoft, Denmark

Dr. Silvia Pelaez, Uruguay

Prof. Michael R. Philips, China

Dr. Jerry Reed, USA

Prof. Ingeborg Rossow, Norway

Prof. Marco Sarchiapone, Italy

Prof. Barbara Stanley, USA

Prof. Gustavo Turecki, Canada

Prof. Lakshmi Vijayakumar, India

Prof. Paul Yip, China

#### **CONGRESS ORGANISING COMMITTEE**

Lars Mehlum, Norway (Chair)

Vanda Scott, France (Development Consultant IASP)

*Torgeir Stegane, Norway* (Congress-Conference AS)

Erlend Mork, Norway (NSSF)

Unni Boberg, Norway (NSSF)

Ina Bekkevold, Norway (Congress Coordinator NSSF)

Anita Kjølsrud, Norway (NSSF)

Anniken Dønvold, Norway (NSSF)

Wenche Andreassen, Norway (NSSF)

Hanne Holmesland, Norway (NSSF)

# **IASP**

The International Association for Suicide Prevention (IASP) is a non-profit organisation for those interested and working in the field of suicide prevention. The organisation functions as a network for individuals (clinicians, scientists, crisis workers and volunteers, people who have lost family members to suicide or someone to whom they feel close) and community, national and international organisations. The organisation, with members in more than 50 countries, is recognized by and cooperates with the World Health Organisation (WHO). IASP along with WHO initiated the World Suicide Prevention Day, which is held every year on the 10th of September.

#### **KEY OBJECTIVES OF IASP**

- To raise worldwide awareness of the problems of suicide and suicidal behaviour.
- To provide a common platform for all representatives engaged in the field of suicide prevention and crisis intervention in order to share and exchange knowledge, skills and experience and to foster collaboration.
- To encourage the interchange of experience, knowledge and skills acquired in various countries and regions for more effective action.
- To facilitate wider dissemination of the basics of effective suicide prevention to key stakeholders.
- To promote the establishment of national organisations for suicide prevention.
- To facilitate wider dissemination of the fundamentals of effective suicide prevention to professional groups and the general public.
- To promote research programmes, especially those that can be pursued through international cooperation.
- To develop a forum in which suicide prevention strategies are developed, implemented and evaluated, and that disseminates such experience and findings.

#### HOST ORGANISER IN OSLO

The National Centre for Suicide Research and Prevention (NSSF) was established at the University of Oslo, Faculty of Medicine, in 1996 by Professor Lars Mehlum. NSSF's main tasks are research, education and the dissemination of knowledge and experience. In addition to a wide range of clinical and epidemiological research studies, the centre offers a master's program in suicide prevention, therapist training in Dialectical Behaviour Therapy, and specialized courses in clinical suicidology. It also maintains several websites and publishes the peer-reviewed journal Suicidology. NSSF is the experienced organiser of many national and international conferences and seminars on suicide research and prevention that have been held in the past 15 years. For more information, please visit the NSSF website: www.selvmord.no





#### **CONGRESS VENUE**

The venue for the XXVII World Congress of the IASP is the Radisson Blu Plaza Hotel located in the heart of Oslo, Norway's capital city. This handsome 37-floor hotel, with nearly 700 rooms and suites, regularly hosts large-scale conventions. The hotel is just steps away from bus, tram, and subway stops and Oslo's Central Railway Station. The Airport Express Train departs every 10 minutes to/from Oslo's main airport, Oslo Airport (OSL) at Gardermoen.

A wide range of hotels at various price levels are within walking distance of the Congress venue.



# PROGRAMME AT A GLANCE

MONDAY 23 September 2013	TUESDAY 24 September 2013	WEDNESDAY 25 September 2013	
8:30-17:30	08:00-18:30	08:00-18:30	
IASP Board Meeting	REGISTRATION	REGISTRATION	
	9:00-15:00	9:00-10:30	
	7.00-13.00	Plenary Session 1	
		[Sonja Henie Ballroom]	
		10:30-11:00	
		Coffee Break	
		Day 1 – Poster Session A	
	Pre-Conference	11:00-12:30	
		Plenary Session 2 [Sonja Henie Ballroom]	
		12:30-14:30	
		Lunch Lunch with the Experts	
	Workshops	Organisational Representatives' Meeting	
		Crisis Board Members' Meeting	
		14:30-16:00	
		Parallel Sessions 1	
		16:00-16:30	
		Coffee Break	
		Day 1 – Poster Session B	
	16:00-17:30	16:30-18:00	
	<b>Opening Ceremony</b> [Sonja Henie Ballroom]	Parallel Sessions 2	
	19:00-20:30	19:00-20:00	
	Welcome Reception [Oslo City Hall]	Concert [Aula, University of Oslo]	



THUR 26 Septer	SDAY nber 2013	FRIDAY 27 September 2013		SATURDAY 28 September 2013
08:00-	18:30	08:00-18:30		8:00-15:00
REGIST	RATION	REGISTRATION		REGISTRATION
8:00-	8:45	8:00-8:45		
IASP Task Interest Gro		IASP Task Force and Interest Group Meetings		
9:00-	10:30	9:00-	10:30	9:00-10:30
Plenary S [Sonja Henie		Plenary Session 5 [Sonja Henie Ballroom]		Plenary Session 7 [Sonja Henie Ballroom]
10:30-	11:00	10:30	-11:00	10:30-11:00
Coffee	Break	Coffee	Break	Coffee Break
Day 2 – Post	er Session A	Day 3 - Poster Session A		
11:00-	12:30	11:00	-12:30	11:00-12:00
Plenary S [Sonja Henic		Plenary Session 6 [Sonja Henie Ballroom]		Closing Ceremony [Sonja Henie Ballroom]
12:30-	12:30-14:30		-14:30	12:00-14:00
Lunch	Lunch with the Experts	Lunch	Lunch with the Experts	Lunch
National Representatives'  Meeting  General Meeting of  Task Forces and Interest  Groups		IASP GENERAL ASSEMBLY		
14:30-		14:30-16:00		
Parallel Sessions 3		Parallel S	Sessions 5	
16:00-	16:00-16:30 16:00-16:30		-16:30	
Coffee	ffee Break Coffee Break			
Day 2 – Poster Session B Day 3 – Poster Ses		er Session B		
16:30-18:00 16:30-18:00		-18:00		
Parallel Sessions 4		Parallel Sessions 6		
19:00-21:00		19:00-		
Modern Art Tour		Conference Dinner		

# PLENARY SPEAKERS AND LECTURES

Siri Hustvedt, USA:

"Suicide and the Theater of Self-Consciousness" - Opening Lecture.

Karl Andriessen, Belgium:

"Suicide Bereavement Support - new Directions and Developments".

Ella Arensman, Ireland:

"Clustering and Contagion of Suicide and Self Harm: Early Identification and Intervention".

Lanny Berman, USA:

"Assessing and Formulating Risk for Death by Suicide: Challenging Clinical Assumptions".

Pim Cuipers, The Netherlands:

"Acceptability and Effectiveness of Web-Based Self-Management Interventions for Depression and Self Harm".

Diego De Leo, Australia:

"Innovative Suicide Prevention - Next Steps".

Keith Hawton, UK:

"The Evidence Base for Effectiveness of Interventions for Self-Harm Patients".

Ulrich Hegerl, Germany:

"Optimizing Suicide Prevention Programmes and their Implementation (OSPI) in Europe. Outcome of a Multilevel Suicide Prevention Programme".

David Jobes, USA:

"Innovations in Suicide Risk Assessment and Crisis Intervention".

John Mann, USA:

"Can Neuroimaging Inform Treatment and Prevention of Suicidal Behaviour and Measure Effectiveness of Interventions?"

Brian Mishara, Canada:

"Innovative Suicide Prevention - Next Steps".







Lars Mehlum, Norway:

"Dialectical Behaviour Therapy for Suicidal and Self Harming Adolescents".

Merete Nordentoft, Denmark:

"Interventions to Prevent Suicidal Behaviour in Individuals with Psychotic Disorder".

Dan Olweus, Norway:

"Systematic Antibullying Work and Suicide Prevention".

Michael Phillips, China:

"Pesticides and Suicide Prevention - an Update of current Research".

Ingeborg Rossow, Norway:

"Alcohol Prevention Strategies: Their Effectiveness on Drinking Problems in General and on Suicidal Behaviour in Particular".

Shekhar Saxena, Switzerland:

"Public Health Interventions for Suicide Prevention: Need for Innovative Strategies".

Katherine Shear, USA:

"Complicated Grief Treatment for Suicide Survivors".

Barbara Stanley, USA:

"Ethical Aspects of Suicide Intervention Research".

David Stuckler, UK:

"Impact of the Economic Recession on Suicidal Behaviour".

Gustavo Turecki, Canada:

"How may Genetic Research Facilitate Suicide Prevention and Intervention – Currently and in the Future?"

Lakshmi Vijayakumar, India:

"Community Interventions for Suicide prevention - Challenges and Opportunities".

Margda Waern, Sweden:

"Preventing Suicide in the Elderly – what are the Challenges and how can they be Met?"





# CALL FOR PAPERS, SYMPOSIA & WORKSHOPS

#### **CALL FOR PAPERS**

You are invited to submit an abstract describing an original research work that you wish to present – orally or as a poster – at the Conference. All abstracts must be submitted in English. Abstracts must present material in a clear manner and feature grammar and spelling of a quality suitable for publication. Abstracts must be submitted online; the deadline for submitting abstracts is 31 March 2013. See www.iasp2013.org for detailed instructions.

If you are experiencing difficulties in using the online submission facility, please contact Congress-Conference per email to at iasp2013abs@cogrex.no. All abstracts will be evaluated by the International Scientific Committee. Papers accepted for oral presentation will be assigned to the various symposium topics. All accepted abstracts will be published in a supplemental edition of the journal Suicidologi. Authors who submit abstracts will be notified of the committee's decision regarding their abstract(s) by 1 June 2013. Due to the large volume of submissions for oral presentations that is anticipated, some accepted papers will be offered the opportunity to be presented at poster sessions.

#### **TOPICS**

- 1 Epidemiology
- 2 Social Risk Factors
- 3 Ethnic and Cultural Factors
- 4 Gender
- 5 Law and Ethics
- 6 Migration and Minorities
- 7 Religion and Philosophy
- 8 Psychological Factors
- 9 Neuroimaging
- 10 Genetics
- 11 Biochemistry
- 12 Resilience / Protective Factors
- 13 Aging / Elderly
- 14 Children and Adolescents
- 15 School and Workplace
- 16 Media and the Internet
- 17 Military and Police
- 18 Suicide Survivors

- 19 Sexual Orientation
- 20 Non-Suicidal Self-Harm
- 21 Depression and Anxiety
- 22 Schizophrenia/ Psychotic Disorders
- 23 Traumatic Stress
- 24 Substance Abuse
- 25 Personality Disorders
- 26 Diagnostic Concepts and Nomenclature
- 27 Risk Assessment Methods
- 28 Crisis Intervention
- 29 National Strategies
- 30 Psychotherapy
- 31 Psychopharmacology
- 32 Postvention
- 33 Chain of Care
- 34 Means Restriction
- 35 Educational Programmes



#### **PLEASE NOTE**

All presenters/delegates must pay their registration fees before their contributions can be included in the conference programme and published.

#### CALL FOR SYMPOSIA AND WORKSHOPS

We encourage individuals interested in organising a symposium or workshop to submit their proposals by 31 January 2013. Symposia should be formatted so as to fit into a 90-minute time slot, accommodate 4-5 speakers, and provide a general-discussion period. Symposia should be international and must consist of speakers/papers from more than one country.

Proposals for symposia or workshops must include the symposium theme; a summary of goals, content and format (200-300 words); a list of papers and speakers; and the name of chairperson(s). Proposals must be submitted through the abstract submission system which can be found on www.iasp2013.org. All symposium and workshop proposals will be evaluated by the International Scientific Committee. Upon approval of a proposal, abstracts for each paper to be presented at the symposium or workshop are to be submitted online (as discussed above) by the various speakers via the Congress website www.iasp2013.org. The deadline for submitting such proposals is 31 January; the symposium's title must be stated clearly in each submission.

If you have any questions regarding Conference symposia and workshops, please contact Professor Lars Mehlum (scientific2013@medisin.uio.no), Chair of the International Scientific Committee.

#### **EXPERT SUPERVISION SESSIONS FOR YOUNG RESEARCHERS**

Chair: Professor Michael Philips, China

At the XXVII IASP congress young researchers with limited publishing experience will be offered the opportunity to submit as yet unpublished and unsubmitted manuscripts for review and supervision by expert researchers. There will be three 90-minute such expert supervision sessions, one in each of the afternoons of the congress. Three papers will be reviewed by three experts at each session. A limited number of additional participants (observers) can attend each session.

Individuals who have never published a paper about suicide in a scientific citation index journal, who have registered for the congress, and who are interested in submitting a paper for expert supervision should submit a FULL manuscript (for which they are the principal author) that has NOT been submitted for consideration for any journal and a 200-300 word biosketch to Professor Michael Phillips (phillipschina@yahoo.com) prior to 15 July 2013. Professor Phillips will notify persons who submit manuscripts whether or not they are selected for participation in the review sessions by 15 August 2013.

# OTHER EVENTS

#### **LUNCH WITH THE EXPERTS**

Chair: Dr Ella Arensman, Ireland

During each lunch break there will be a 60 minutes meeting between experts and delegates with the aim to facilitate the transference of specialist knowledge and expertise. All delegates are welcome and should bring their lunch to the meeting room. Names of experts and topics will be announced in the final conference programme.

#### **REGIONAL MEETINGS**

The XXVII IASP Congress programme will include five 90-minute regional meetings to discuss challenges and solutions in suicide prevention. Meetings will be chaired by leading prevention experts from each region. Each regional meeting will feature brief presentations drawn from several national contexts on topics relevant to many of the region's countries to stimulate discussion.

#### **PRECONFERENCE**

Complicated Grief Treatment (CGT) is a novel psychotherapy method developed by professor Katherine M Shear MD, Columbia University, New York (USA). During this preconference, she will give an introduction to complicated grief and the structure and strategies of CGT through lectures, demonstrations and discussions. The preconference will take place at the Congress venue, the Radisson Blu Plaza Hotel. Delegates need to register for this preconference separately; see www.iasp2013.org for complete programme information and registration and fee details.



# **REGISTRATION**



#### ADVANCE REGISTRATION

#### Online Registration: please fill in the online form at www.iasp2013.org

If Internet access is unavailable to you, please contact Congress-Conference AS so that an alternative registration method can be made available:

#### Congress-Conference AS

Tel: +47 22 56 19 30 Fax: +47 22 56 05 41

Email: iasp2013@congrex.no

Fees (in NOK)

REGISTRATION FEE ZONES AND CATEGORIES	EARLY-BIRD Before15.05.2013	REGULAR Before 23.09.2013	ON-SITE
ZONE 1 (See page 19)			
IASP members	4800	5200	5800
Non-members	5280	5600	6000
Students, survivors and volunteers	1800	2000	2000
<b>ZONE 2</b> (See page 19)			
IASP members	4200	4500	5000
Non-members	4680	4900	5300
Students, survivors and volunteers	1600	1800	1800
<b>ZONE 3</b> (See page 19)			
IASP members	3600	3900	4500
Non-members	4080	4300	4700
Students, survivors and volunteers	720	1000	1000
<b>ZONE 4</b> (See page 19)			
IASP members	2400	2700	3200
Non-members	2880	3100	3500
Students, survivors and volunteers	600	800	800

#### The registration fee for delegates covers the following:

Admittance to all scientific sessions, Abstract Book, Opening Ceremony, Welcome Reception, Concert, Closing Ceremony, lunches and coffee/tea during breaks.

# REGISTRATION

#### **PAYMENT**

ALL PAYMENTS MUST BE MADE IN NORWEGIAN KRONER (NOK)

#### **REGISTRATION DESK**

The registration desk will be open for registration and information as follows:

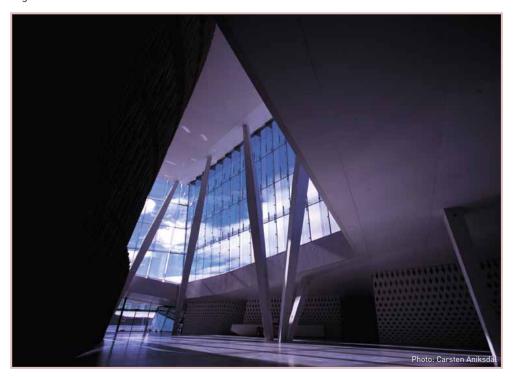
Tuesday, 24 September – Friday, 27 September 08:00 – 18:30 Saturday, 28 September 08:00 – 15:00

#### CONFIRMATION

A confirmation letter, sent to you in due course before the Congress, will list your event bookings, hotel reservations and your payment status details.

#### PROCESSING AND PUBLICATION OF PERSONAL DATA

Processing and retention of Congress delegates' personal data may be required during and/or after the Congress period. The data are collected for statistical purposes and for release regarding future professional congresses. Pursuant to EU rules and regulations, your consent to the aforementioned treatment of personal data must be provided via the registration form.





#### **REGISTRATION 70NES**

#### ZONE 1

Andorra, Antigua and Barbuda Antilles, Aruba, Australia, Austria, Bahamas, Bahrain, Barbados, Belgium, Bermuda, Brunei, Canada, Cayman Islands, Channel Islands, Croatia, Cyprus, Czech Republic, Denmark, Estonia, Equatorial Guinea, Faeroe Islands, Finland, France, French Polynesia, Germany, Greece, Greenland, Guam, Hong Kong, Hungary, Iceland, Ireland, Israel, Italy, Japan, Korea Rep., Kuwait, Liechtenstein, Luxembourg, Macao, Malta, Monaco, The Netherlands, New Caledonia, New Zealand, Northern Mariana Islands, Norway, Oman, Portugal, Puerto Rico, Qatar, San Marino, Saudi Arabia, Singapore, Slovak Republic, Slovenia, Spain, Sweden, Switzerland, Trinidad and Tobago, United Arab Emirates, The United Kingdom, United States of America, Virgin Islands.

#### ZONE 2

Algeria, American Samoa, Argentina, Belarus, Bosnia and Herzegovina, Botswana, Brazil, Bulgaria Chile, Colombia, Costa Rica, Cuba, Dominica, Dominican Republic, Fiji, Gabon, Grenada, Jamaica, Kazakhstan, Latvia, Lebanon, Libya, Lithuania, Macedonia, Malaysia, Mauritius, Mayotte, Mexico, Montenegro, Namibia, Palau, Panama, Peru, Poland, Romania, Russian Federation, Serbia, Seychelles, South Africa, St. Kitts and Nevis, St. Lucia, St. Vincent and the Grenadines, Taiwan, Trinidad and Tobago, Turkey, Uruquay, Venezuela.

#### ZONE 3

Albania, Angola, Armenia, Azerbaijan, Belize, Bolivia, Cameroon, Cape Verde, China, Congo, Rep., Cote d'Ivoire, Djibouti, Ecuador, Egypt, El Salvador, Georgia, Guatemala, Guyana, Honduras, India, Indonesia, Iran, Iraq, Jordan, Kiribati, Kosovo, Lesotho, Maldives, Marshall Islands, Micronesia, Moldova, Mongolia, Morocco, Nicaragua, Nigeria, Pakistan, Papua New Guinea, Paraguay, Philippines, Samoa, Sao Tome and Principe, Solomon Islands, Sri Lanka, Sudan, Swaziland, Syrian Arab Republic, Thailand, Timor-Leste, Tonga, Tunisia, Turkmenistan, Ukraine, Vanuatu, West Bank and Gaza.

#### **ZONE 4**

Afghanistan, Bangladesh, Benin, Bhutan, Burkina Faso, Burundi, Cambodia, Central African Republic, Chad, Comoros, Congo, Dem. Rep., Eritrea, Ethiopia, Gambia, Ghana, Guinea, Guinea-Bissau, Haiti, Kenya, North Korea, Kyrgyz Republic, Laos, Liberia, Madagascar, Malawi, Mali, Mauritania, Mozambique, Myanmar, Nepal, Niger, Rwanda, Senegal, Sierra Leone, Somalia, Suriname, Tajikistan, Tanzania, Togo, Uganda, Uzbekistan, Vietnam, Yemen, Zambia, Zimbabwe.

# **ACCOMMODATION**

#### **ACCOMMODATION**

Hotel rooms in various price categories have been reserved for IASP 2013 delegates at the following conference hotels on a first-come, first-served basis. Accommodation at these hotels can be booked (subject to availability) at the time of registration using the online registration facility (see previous page). If you wish to book accommodation at one of these hotels after you have completed your registration, please contact:

#### Congress-Conference AS

Tel: +47 22 56 19 30 Fax: +47 22 56 05 41

Email: iasp2013@congrex.no

#### Prices in Price in NOK / per night

HOTELS	SINGLE ROOM	DOUBLE ROOM			
1 Radisson Blu Plaza - standard	1395	1695			
1 Radisson Blu Plaza - business	1895	2195			
1 Radisson Blu Plaza - business suites	5500	5500			
2 Rica Oslo Hotel	1395	1645			
3 Thon Hotel Spectrum	995	1195			
4 Thon Hotel Opera	1475	1675			
5 Collection Hotel Folketeateret	1380	1580			

Please note that these prices are valid as of June 2012 and are subject to change. The actual prices will be updated on the conference web-site.

#### **ENQUIRIES**

Any enquiries or requests for additional information, as well as changes in or cancellations of room reservations, must be addressed directly to Congress-Conference AS.

#### CANCELLATION POLICIES AND CONDITIONS

Notification of cancellation must be submitted in writing to Congress-Conference AS. Email: iaspregistrations@congrex.no

#### **CANCELLATION OF REGISTRATION**

Cancellation BEFORE 1 July 2013: Full refund

Cancellation BEFORE 15 July 2013: Refund less an administration fee of NOK 500

Cancellation AFTER 15 July 2013: NO REFUND



#### **CANCELLATION OF HOTEL RESERVATIONS**

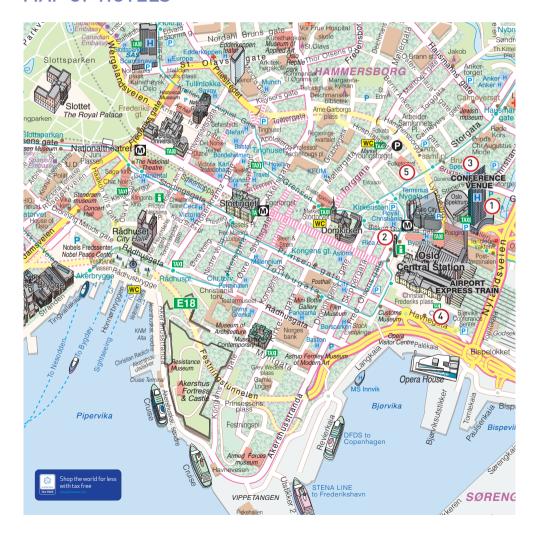
Cancellation of hotel reservation BEFORE 15 July 2013: Full refund Cancellation of hotel reservation BEFORE 1 August 2013: Will be refunded less the cost of one night's stay.

Cancellation of hotel reservation AFTER 1 August 2013: No refund will be made.

In the event of a no-show, hotel reservations will be cancelled after one night.

No-shows cannot be refunded.

## MAP OF HOTELS



# **SOCIAL PROGRAMME**



All events, including those covered by the IASP Congress registration fee, must be pre-booked on the registration form.

#### **OPENING CEREMONY**

Tuesday, 24 September, 16:00 -17:30 at Radisson Blu Plaza Hotel (Sonja Henie Ballroom) Official opening of the conference with opening lectures and music. This event is included in the registration fee.



#### WELCOME RECEPTION OSLO CITY HALL

Tuesday, 24 September, 19:00 - 20:30 at Oslo City Hall.

The City of Oslo welcomes all delegates to a reception at City Hall. During the reception, delegates are welcome to join guided tours featuring the City Hall's extensive artwork. Famous Norwegian artists of the period 1900-1950 adorned City Hall, with murals featuring motifs from Norwegian history, culture, legends and working life. This event is included in the registration fee.



#### **CONCERT IN THE OLD UNIVERSITY AULA**

Wednesday, 25 September 19:00 - 20:00 at Oslo University Aula, Karl Johans Gate 47

A classical concert featuring music by Norwegian composers such as Edvard Grieg and Ole Bull will be offered in the historic Aula of the University of Oslo. The Aula was beautifully decorated with large murals by the renowned Norwegian expressionist Edvard Munch in the years 1909-1916.

Please note that due to limited seating capacity, registration for this concert is mandatory and will be on a first-come, first-serve basis. This event is included in the registration fee.



#### MODERN ART TOUR

Thursday, 26 September 19:00 - 21:00

All delegates will have the opportunity to spend an evening focusing on modern art. We will visit one of Oslo's modern art museums and delegates will also have the oportunity to familiarize themselves with some of Oslo's newest exciting architecture. This event costs NOK 150 per person. Delegates and accompanying persons must register in advance for the tour.



#### **CONGRESS BANQUET**

Friday, 27 September 19:00 and into the late hours at Radisson Blu Plaza Hotel (Sonja Henie Ballroom)
Banquet dinner with live music and dancing at the Sonja Henie Ballroom of the IASP Congress' hotel.
There is a fee of NOK 650 per person for this event which

must be paid with the conference registration.

#### **CLOSING CEREMONY**

Saturday, 28 September 11:00 - 12:00 at Radisson Blu Plaza Hotel











# ACCOMPANYING PERSONS' PROGRAMME



# Photo: VisitOSLO/Nancy Bundu



# WEDNESDAY, 25 SEPTEMBER

#### **HIGHLIGHTS OF OSLO**

Duration: 4 hours (daytime)

Start/end: Radisson Blu Plaza Hotel

#### A guided tour of Oslo's most visited sites:

The Viking Ships –Vigeland Sculpture Park – Holmenkollen Ski Jump.

This tour enables you to get an overall impression of Oslo. Our tour bus brings us through Oslo's main business-and shopping streets, passing by the Royal Palace, the Opera House, Oslo City Hall, the harbour, and other landmarks. We continue to the Bygdøy peninsula, where a cluster of museums are located. We visit the Viking Ship Museum featuring the 9th century Oseberg and Gokstad ships, by far the world's best preserved viking ships. These magnificent longboats and the treasures uncovered with them rank among Norway's most important historical finds.

Next, we visit the Vigeland Sculpture Park, the most popular tourist attraction in Oslo. Sculptor Gustav Vigeland (1869 - 1943) illustrated the circle of life in more than 200 granite and bronze sculptures. The tour includes a visit to the famous – and recently rebuilt – Holmenkollen ski jump. Breathtaking views from the ski jump area, perched 400 metres above sea-level.

#### **PRICE PER PERSON**

NOK 395, including transportation, guide and entrance fees (Min. 30 persons)



## FRIDAY, 27 SEPTEMBER

# ART TOUR TO THE MUNCH MUSEUM AND THE NATIONAL GALLERY

Duration: 3.5 hours (daytime) Start/end: Radisson Blu Plaza Hotel

# Our guided tour brings us to two of Oslo's most important galleries:

the Munch Museum and the National Gallery.

The Munch Museum houses the largest collection of works by Norway's famous pioneer expressionist painter, Edvard Munch. When Munch died in January of 1944, he had unconditionally bequeathed all his remaining works to the City of Oslo. Today, the museum presents the breadth and diversity of his artwork through frequently changing exhibitions.

The National Gallery houses the largest public collection of Norwegian and international paintings, as well as drawings and graphic art up to 1945, with an emphasis on major works from the National Romantic period of the close of the 19th century. One hall is devoted to Edvard Munch's works – among them The Scream and Madonna.

#### **PRICE PER PERSON**

NOK 375, including transportation, guide and entrance fees (Min. 30 persons)









# GENERAL INFORMATION in alphabetical order

#### AIRPORT SERVICE

We recommend using the Airport Express Train from Oslo Airport (OSL). With departures every 10 minutes, the train brings you comfortably to the city centre in just 19 minutes. Our Congress venue, the Radisson Blu Plaza Hotel, is a brief walk from the Airport Express terminal. The train fare is NOK 170 per person. A taxi ride between OSL and the city centre costs approximately NOK 800 to NOK 1000; time of travel and other factors can affect the fare. The central bus station with coaches serving OSL is also located near the Congress venue. The ride takes approximately one hour and costs about NOK 200 per person. (Prices as of June 2012 subject to change.)

#### AIR TRAVEL - OFFICIAL AIRLINE NETWORK

Star Alliance™ – and Star Alliance™ Member Airlines – have been appointed as the Official Airline Network for the XXVII World Congress of the International Association for Suicide Prevention. Significant travel discounts are offered by Star Alliance™ airlines to each registered Congress participant, plus one accompanying person, for travel to Oslo, Norway. To obtain the Star Alliance™ Conventions Plus discount, please follow the steps listed below in order to access the Conventions Plus online booking tool:

- Visit www.staralliance.com/conventionsplus/delegates/
- Under "Delegates login" enter convention code SK04S13
- The online booking tool opens in a separate window.

Please note that the convention code is only valid for bookings made in September 2012 and thereafter (validity begins 1 year ahead of the opening of the IASP Congress).



Information regarding airlines serving Oslo airports can be found at the following websites:

Oslo International Airport (OSL) at Gardermoen: www.osl.no

Sandefjord Airport Torp (TRF): www.torp.no Moss Airport Rygge (RYG): www.ryg.no

All trains arrive at Oslo Central Station (often referred to as Oslo S), while buses arrive at Oslo Bus Terminal. Both stations are located in the heart of the city and a brief walk from the IASP Congress venue!

Oslo is also an important port serving cargo, international ferry travel and cruise ships. Large, modern cruise-ferries sail direct routes to Kiel, Fredrikshavn and Copenhagen. Several guest harbours are available for travellers arriving by private boat.

Oslo has an extensive public transportation network comprising subways (Metro), trams, busses, trains and ferries. CityBike, Oslo's bike-share system, provides another convenient way to sightsee and get around town.



Further information about Oslo and Norway, including activities, public transportation and recommendations that can enrich your visit, are available at these websites:

http://www.visitoslo.com/en Oslo's official tourism and event website

http://www.visitnorway.com/uk/ Official travel guide to Norway

#### **BANKS**

Banks are open Monday to Friday from 09:00 -16:00.

Banks generally are closed on Saturday and Sunday. Banks and other locales have ATMs that accept foreign-issued credit cards and provide cash withdrawals in NOK. Most hotels, restaurants and shops accept major credit cards.

#### **CERTIFICATE OF ATTENDANCE**

A Certificate of Attendance will be issued upon request at the registration desk on the last day of the Congress.

#### CLIMATE

Thanks to the Gulf Stream bringing temperate water from the Gulf of Mexico, Oslo's climate is milder than what its latitude would suggest. Many people think of Oslo as a winter capital. However, Oslo is also a vibrant summer city that relishes its long daylight hours. On a summer's day, small boats crowd the Oslo Fjord and picnickers fill park spaces. Temperatures in late September are somewhat cooler, averaging 15° Celsius. Rain is always a possibility, so a raincoat and some warm clothing for the evenings are advisable. For further details, please refer to the website of the Norwegian Meteorological Institute: www.yr.no

#### **CREDIT CARDS**

Major credit cards are generally accepted at hotels, shops and restaurants. The registration desk at the IASP Congress in Oslo accepts American Express, Diners Club, Visa, MasterCard and Eurocard.

#### **CURRENCY**

The Norwegian currency is the Norwegian Krone (NOK). Approximate exchange rates as of mid-May 2012 are: NOK 100 = EUR 13.1 NOK 100 = USD 16.7 For up-to-date information, visit www.forex.no

#### **ELECTRICITY**

Electrical power in Norway: 220 Volts AC, 50 Hz. Plugs have two round pins (European standard). Electrical appliances may need adapters.

# GENERAL INFORMATION in alphabetical order

#### IASP CONGRESS WEBSITE

Visit the Congress website for continuously updated information and online registration: www.iasp2013.org

#### INSURANCE

The organising committee accepts no liability for personal injuries sustained, or for loss of or damage to property belonging to Congress participants either during or as a result of the IASP Congress. Those arriving from abroad should ascertain the validity and coverage of their relevant insurance policies.

#### LANGUAGE

The official language of the IASP World Congress is English. In the event that certain symposia or parallel sessions are conducted in another language, such information will be announced in advance.

#### **LETTERS OF INVITATION**

The Congress will be pleased to send a letter of invitation to any individual making such a request. Please apply to the Congress Secretariat. However, the Congress in such matters makes no commitment to provide financial support of any nature.

#### **MEALS**

Lunches are included in the registration fee. Refreshments are served free of charge at the City Hall reception on conference opening night. Congress Banquet is available to all delegates and accompanying persons against extra charge.

#### 0SL0

Oslo, the capital city of Norway, is situated in the heart of Scandinavia. The city is surrounded by magnificent scenery, from its fjord to forested hills. Oslo has also been the home of landmark cultural figures, such as Edvard Munch, Gustav Vigeland, Thor Heyerdahl and Henrik Ibsen, each of whom is celebrated by a popular museum in the city.

Oslo offers a unique combination of natural beauty, culture and history, which makes it a perfect setting for exciting social activities. Besides being the city where the Nobel Peace Prize is awarded each year, Norway's largest university as well as several renowned research centres are Oslo highlights.

Oslo is a great destination for those who enjoy outdoor activities. Even in the city centre, the nearest park is never more than a few blocks away. A ten-minute boat ride from the centre takes you to lovely beaches on islands in the Oslo Fjord. In winter, Oslo has hundreds of kilometres of cross-country trails within the city's boundaries – and eight ski centres.



Oslo offers everything you would expect from a capital. The city has an abundance of attractions, shopping opportunities, a flourishing cultural life, and choice of restaurants that are almost unparalleled in Scandinavia.

Diversions and discoveries abound in all seasons in a truly safe and friendly environment: a promenade along the harbour, a sumptuous meal at a Michelin-starred restaurant, a tram ride to the heights of Holmenkollen for a brisk walk and a tasty treat at a restaurant with a stunning view.

#### **OSLO TOURIST INFORMATION**

Event, museum, and sightseeing information is provided by knowledgeable staff at the municipal Tourist Centres located at the Central Railway Station, City Hall, and the cruise ship terminal.

#### PRE- AND POST CONGRESS TOURS

The Norway In a Nutshell trip takes you through some of Norway's most beautiful fjord scenery. You can experience the scenic Bergen Railway, the breathtaking Flåm Railway, the Aurlandsfjord, the narrow Nærøyfjord and the steep hairpin bends of Stalheimskleiva.

Norway In a Nutshell is available as a day trip or with accommodation en route. The tour starts in Oslo Central Station and runs daily all year around. You can customize your own tour by adding hotels and activities. Everything is handled in one booking operation.

You can find more information and book your trip in advance on www.norwaynutshell.com. On this page you also find information on other tours of Norway, including trips on the coastal steamer Hurtigruten.

The Norway In a Nutshell trip can also be booked on site during the congress as long as the booking is made the day before departure and that there are tickets available.

#### **TIPPING**

A service gratuity (tip) is included in the bill presented to customers by staff at bars, restaurants and taxis. That said, small tips are welcome.

#### TRAVEL TO OSLO

With its central location and convenient accessibility, Oslo is easy to visit whether you arrive by car, ferry, train, bus or plane. The main airport, Oslo Airport (OSL) at Gardermoen, which is located 45 km north of City, is served by numerous international airlines. A 19-minute ride via the Airport Express Train brings you to the city centre and IASP Congress venue. Buses from the airport arrive near the Congress venue as well. Two additional airports serve Oslo: Sandefjord Airport Torp, located some 110 km southwest of the city and served by rail (a shuttle bus brings you to the airport terminal), and Moss Airport Rygge, located 66 km south-east of Oslo. Low-cost airlines, such as Norwegian and Ryanair, along with major carriers, provide a great deal of air-travel flexibility.

# GENERAL INFORMATION in alphabetical order

#### **VISA REQUIREMENTS**

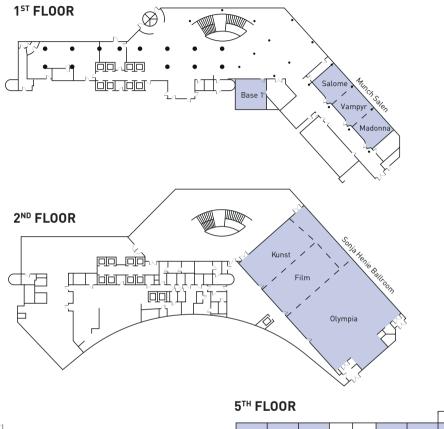
For information about visa requirements, contact your nearest Norwegian Embassy or Consulate. Citizens of the following countries can visit Norway to attend the IASP Congress without obtaining a visa (as of June 2012).

- A: Andorra, Albania (holders of biometric passports), Antigua and Barbuda, Argentina, Australia, Austria
- **B:** Bahamas, Barbados, Belgium, Bermuda (BDTC passport), Bosnia and Herzegovina (holders of biometric passports), Brazil, Brunei, Bulgaria
- C: Canada, Chile, Costa Rica, Croatia, Cyprus, the Czech Republic
- D: Denmark
- E: El Salvador, Estonia
- F: Finland, France
- G: Germany, Greece, Guatemala
- H: Honduras, Hong Kong (SAR passports and BNO passports), Hungary
- I: Iceland, Ireland, Israel, Italy
- J: Japan
- K: Republic of Korea
- L: Latvia, Liechtenstein, Lithuania, Luxembourg
- M: Macau (SAR passport), Macedonia (holders of biometric passports), Malaysia, Malta, Mauritius, Mexico, Monaco, Montenegro (holders of biometric passports)
- N: The Netherlands, New Zealand, Nicaragua
- P: Panama, Paraguay, Poland, Portugal
- R: Romania
- **S:** San Marino, Serbia (holders of biometric passports), the Seychelles, Singapore, Slovakia, Slovenia, Spain, St. Kitts and Nevis, Sweden, Switzerland
- **T:** Taiwan (holders of Taiwanese passports that contain an ID card number)
- U: The United Kingdom, Uruguay, United States of America
- V: The Vatican City State, Venezuela.

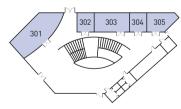
# MAP OF VENUE

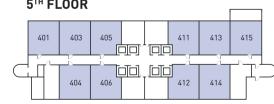


# RADISSON BLU PLAZA HOTEL

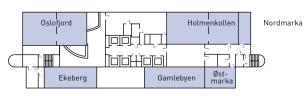


#### 3<sup>RD</sup> FLOOR



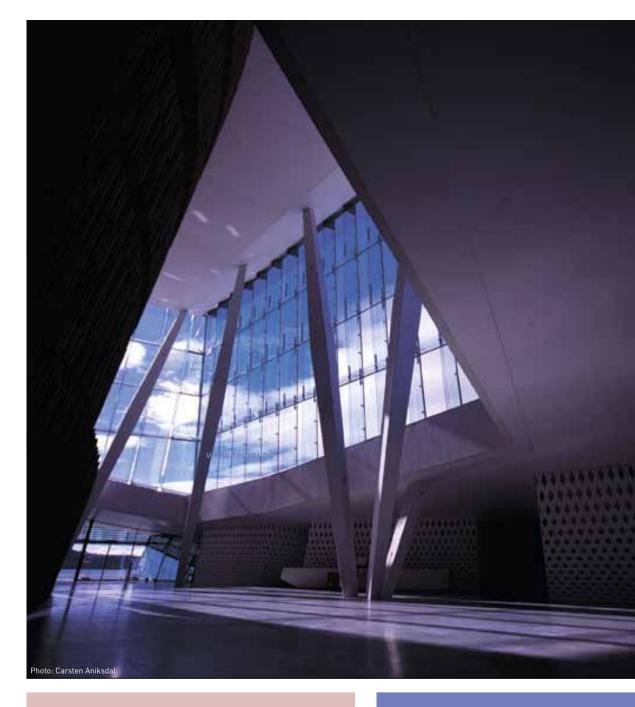


#### 33RD FLOOR PANORAMA



# 35<sup>™</sup> FLOOR PANORAMA





**WELCOME TO OSLO 2013!** 

