

Cognitive Behavioural Therapy

BRIDGING THE GAP

BETWEEN SCIENCE AND PRACTICE

10 – 13 september 2014
The Hague, The Netherlands

eabct2014.org

EABCT
CONGRESS 2014





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BETWEEN SCIENCE AND PRACTICE

On behalf of the European Association for Behavioural and Cognitive Therapies – EABCT - and the organising Dutch Association for Behavioural and Cognitive Therapy –VGCT- it is a great pleasure to invite you to the EABCT Congress in The Hague from 10 – 13 September 2014.

Over the years a gap has developed between research into experimental psychopathology and research into treatment in academic settings on the one hand and cognitive behavioural therapy in clinical practice on the other. The aim of this congress is to bridge this gap.

Programme

The scientific programme will cover a diverse range of topics including: the cognitive-behavioural treatment of addictive disorders, anxiety disorders, OCD and related disorders, mood disorders, eating disorders, psychotic disorders, personality disorders, child and adolescent mental health, treatment of the elderly, and behavioural medicine.

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Innovation

Throughout these topics, the emphasis will be on evidence-based practice, training of evidence-based CBT practitioners, dissemination of results of clinically relevant studies, the pros and cons of technological innovations in CBT such as internet-based therapy, virtual reality treatment and use of gaming in therapy.

The scientific programme will span 3 days, 11 - 13 September 2014, and will include plenary sessions, keynote addresses, workshops, clinical master classes en meet the expert meetings, symposia, open papers, and poster sessions. Precongress workshops will be offered on Wednesday 10 September 2014. Precongress workshops are skill-based workshops led by internationally renowned practitioners in their field, and will cover a range of CBT applications at introductory, intermediate and advanced levels of training.

Congress delegates will hear outstanding clinical and scientific presentations on new developments in cognitive behavioural therapy for a broad mixture of disorders. The congress will provide an opportunity to meet old and new international colleagues and friends.

Speakers

The committee will provide a highly interesting scientific programme featuring influential researchers and clinicians from



around the world. Speakers who have already committed are Arnoud Arntz, Claudi Bockting, Thomas Ehring, Sheila Eyberg, Dirk Hermans, Emily Holmes, Wendy Silverman, Reinout Wiers and Martina Zwaan.

Submission

The official language will be English. Electronic submission of abstracts for symposia, workshops, panel debates, open papers and posters will be possible **from 1 September 2013 until 1 April 2014**. All abstracts must be submitted in English. Delegates who are presenting must register for the congress before the presentation can be included in the programme. Each author can submit a maximum of 3 contributions as first author.

Registration

Early registration will start 1 October 2013.

The programme will be available online from 1 May 2014.



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Scientific Committee

Chair Prof.dr. Paul M.G. Emmelkamp

is full professor of Clinical Psychology at the University of Amsterdam and honorary member of the Dutch Association for CBT. He has contributed to a number of areas, incl. anxiety and personality disorders, substance abuse



and dependence, ADHD, and forensic psychiatry. He has written and edited many books on research into a variety of clinical subjects. Further, he has written over 450 publications in peer reviewed journals or books.

Dr. Arnold A.P. van Emmerik

is researcher at the Department of Clinical Psychology of the University of Amsterdam.

He has published mainly on the diagnosis and treatment of PTSD. He is a member of the board of the Dutch Association for CBT.

Prof.dr. Iris M. Engelhard

is professor of Clinical Psychology at Utrecht University. She is also affiliated with Altrecht, one of the largest mental health organisations in the Netherlands, where she is involved in linking science to mental health care. In the Altrecht Academic Anxiety center, she conducts research and works as a clinician.

Dr. Maaike H. Nauta

is lecturer in clinical psychology at the University of Groningen and employed



as a behavioural therapist/healthcare psychologist at Accare, policlinic Groningen.

Dr. Filip Raes

is a licensed cognitive behavioural therapist, clinical psychologist and associate professor of psychology at the University of Leuven (Belgium). He is a member of the board of the Flemish Association for Behavioural Therapy (VVG), and is Associate Editor of Journal of Experimental Psychopathology.

Drs. Paul B.M. Rijnders

is a clinical psychologist. He promotes, researches and teaches about short-term forms of (behavioural) therapy. He is currently working as director treatment issues at Indigo Zeeland. He is a member of the board of the Fund Mental Health, the Dutch Association for CBT, as well as member of the Editorial Board of the Journal Directive therapy (Dth).

Dr. Elske Salemink

is assistant professor at the University of Amsterdam, Department of Developmental Psychology with focus on experimental research regarding developmental psychopathology.

Dr. Marisol Voncken

is lecturer at the Department of Clinical Psychological Science of the Faculty of Psychology and Neuroscience at the Maastricht University. In addition, she works as cognitive behavioural therapist at the RIAGG Maastricht. She is senior member of Research school experimental psychopathology (EPP).

For further information about committees, programme, submission and registration, please visit our website eabct2014.org





Contact

Congress Secretariat

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Host Organisation

Dutch Association for Cognitive and
Behavioural Therapy (VGCT)
www.vgct.nl

Congress Venue

World Forum
www.worldforum.nl

EABCT 2014

Cognitive Behavioural Therapy:
Bridging the gap between science
and practice
10 – 13 September 2014
The Hague, The Netherlands
www.eabct2014.org
E: congress@eabct2014.org

About The Hague, the Netherlands

The Hague is the Royal residence and governmental capital of the Netherlands and only 25 minutes from Amsterdam Schiphol Airport by train. Schiphol Airport is an international airport with direct flights to all major European cities. Dutch public transport is readily available and has wide coverage.

The Hague is a beautiful, attractive, historic city behind the dunes that merges an intriguing mixture of culture, international flavour (by presence of embassies, consulates and the International Court of Justice) and a beautiful seashore. The monumental buildings, palaces and museums like the Mauritshuis (e.g. the Girl with the pearl earring of Johannes Vermeer and paintings of Rembrandt, Jan Steen en Brueghel) contrast with modern architecture. Because of the many attractions, and the highly varied collection of shops, galleries, museums and restaurants, The Hague is the second most popular tourist destination of the Netherlands for many years now. You will find hotels in all price ranges. The World Forum Congress Center is located approximately 10 minutes by public transport from the beach on the one hand and the city on the other.

