

ExMex Forum

Bologna, Italy

22-23 April 2010



EFORT ExMEx Forum Bologna 2010

ADVANCED TREATMENT OF SPORTS RELATED INJURY

Forum highlights

- Which solution for degenerative knee in high level athletes
Live surgery: Biological resurfacing
- Shoulder instability in high level athletes
Live surgery: Arthroscopic Bristow-Latarjet
- Elbow instability and pain in athletes
Live surgery: Elbow instability
- Patellar tendinopathy from non-operative to operative treatment in high level athletes.
A team physician discussion.

info

More updates available on: www.efort.org/exmex/bologna2010

Welcome



Karl-Göran Thorngren



Miklos Szendrői



Maurillio Marcacci

Dear Colleagues,

As we wait to warmly welcome to the Rizzoli Orthopaedic Institute those European friends and colleagues who will join us here in Bologna in April 2010, we would like to say a few words explaining the philosophy of this experts' meeting.

We have noted how it has recently become difficult to discuss the common interests of sports traumatologists and team doctors and physicians, who are involved day by day in preserving the health and sporting performance of their athletes.

There is a trend toward highly-specialised surgeons holding closed discussions between themselves, without considering the true interests of the athletes in their own health and their own performance. Our meeting offers a unique occasion to underline and discuss problems that, on the one hand, require difficult solutions, but on the other must be clearly understood by us all.

Moreover, we would like to get past the old concept of "watertight compartment" treatment for high-level athletes, in order to build a more holistic approach in which everybody and – most of all – team doctors share their practical experience. In this way, Europe will continue its tradition as the source of new ideas and therapeutic solutions.

A handwritten signature in black ink, appearing to read 'Karl-Göran Thorngren'.

Karl-Göran Thorngren

EFORT President 2008/2009

A handwritten signature in black ink, appearing to read 'Miklos Szendrői'.

Miklos Szendrői

EFORT President 2010/2011

A handwritten signature in black ink, appearing to read 'Maurillio Marcacci'.

Maurillio Marcacci

Local Organiser

Programme

Thursday, 22 April 2010

Schedule	Topic	Moderator / Speaker
7:30	Registration	
8:10	Opening and welcome	M. Marcacci, F. Kelberine, L. Engebretsen
8:15	About EFORT	M. Marcacci
	WHICH SOLUTION FOR DEGENERATIVE KNEE IN HIGH LEVEL ATHLETES	J. Espregueira-Mendes, J. Menetrey
8:30	Live surgery: Biological resurfacing	M. Marcacci, S. Zaffagnini
9:40	Discussion / Conclusions	all
10:30	Coffee break	
		L. Engebretsen, M. Marcacci
11:00	Osteotomy around the knee and sport	J. Menetrey
11:30	Cartilage lesion in athletes: which indication?	J. Espregueira-Mendes
12:00	Allograft meniscus transplantation and sport	P. Verdonk
12:30	Conservative treatment and surgery in high level athletes: which solution?	L. Engebretsen
13:00	Discussion / Conclusions	all
13:30	Lunch	
	SHOULDER INSTABILITY IN HIGH LEVEL ATHLETES	G. Porcellini, E. Taverna
14:30	Live surgery: Arthroscopic Bristow-Latarjet	L. Lafosse
15:30	Discussion / Conclusions	all
16:00	Coffee break	
		A. Castagna , S. Zaffagnini
16:20	Bony Bankart	G. Porcellini
16:40	Instability and cuff tears in athletes	R. Minola
17:00	Multidirectional instability in athletes	A. Castagna
17:20	Indication for arthroscopic and open surgery for shoulder instability: what is the evidence?	E. Taverna
17:40	Discussion / Conclusions	all
18:00	End of the day	
20:00	Social Event	

Programme

Friday, 23 April 2010

Schedule	Topic	Moderator / Speaker
	ELBOW INSTABILITY AND PAIN IN ATHLETES	F. Benazzo, F. Kelberine
8:30	Live surgery: Elbow instability	L. Pederzini
9:50	Discussion / Conclusions	
10:30	Coffee break	
		L. Pederzini, R. Rotini
11:00	Medial Instability	F. Kelberine
11:30	Chondral lesion	R. Rotini
12:00	Stiff elbow	J. Jerosch
12:30	Discussion / Conclusions	all
13:00	Lunch	
	PATELLAR TENDINOPATHY FROM NON-OPERATIVE TO OPERATIVE TREATEMENT IN HIGHT LEVEL ATHLETES. A TEAM PHYSICIAN DISCUSSION	M. Maffulli
14:00	Patellar tendinopathy: present and future treatment options	N. Maffulli
14:30	Juventus Turin team doctor opinion	F. Tencone (team physician Juventus)
15:00	Rehabilitation in athletes	G. Nanni
15:30	Pathophysiology of tendinopathy: what is the evidence?	F. Benazzo
16:00	Discussion / Conclusions	
16:45	Course review and end of the course	M. Marcacci

EFORT Education Committee

E. Caceres Palou, Barcelona, Spain - Chairman EFORT education committee

Scientific Committee

M. Marcacci, Bologna, Italy - Local chairman

S. Zaffagnini, Bologna, Italy - Local organising committee

Faculty

Benazzo F. - Italy

Castagna A. - Italy

Engebreetsen L. - Norway

Espegueira-Mendes J. - Portugal

Jerosch J. - Germany

Kelberine F. - France

Lafosse L. - France

Maffulli N. - United Kingdom

Marcacci M. - Italy

Menetrey J. - Switzerland

Minola R. - Italy

Nanni G. - Italy

Pederzini L. - Italy

Porcellini G. - Italy

Rotini R. - Italy

Taverna E. - Italy

Tencone F. - Italy

Verdonk P. - Belgium

Zaffagnini S. - Italy



Information

Course Fees

Early registration by:
2 April 2010

EUR 390.00 (VAT incl.)

After 2 April 2010 / onsite

EUR 420.00 (VAT incl.)

10% reduction on early
registrations for:

EFOST members

ESSKA members

Credits

14 CME credits
"preliminary"

8 Italian credits
"preliminary"

Organisation

EFORT
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Venue

Centro di Ricerca
Istituto Ortopedico Rizzoli
Via di Barbiano, 1/10
40136 Bologna, Italy

Meeting room: Anfiteatro

Registration and accommodation

www.efort.org/exmex/bologna2010

Opening

Thursday, 22 April 2010, 07.30 - 18.00

Friday, 23 April 2010, 08.00 - 17.00

Congress language

English - no simultaneous translation

In cooperation with:

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Patronages

