

Instructional Course

17-18 September 2010



3 Workshops



EFORT Instructional Course

Copenhagen, Denmark: 17-18 September 2010

Fractures in the elderly an increasing challenge for quality care

- Upper extremity fractures
- Periprosthetic fractures
- Deep venous thrombosis in elderly fracture patients
- Hip fractures
- Hip fracture rehabilitation programmes

Welcome



Jes Bruun
Lauritzen



Karl-Göran
Thorngren

Dear Colleagues,

Fractures in the elderly are becoming an increasing challenge for quality care. Due to the demographic shift with an increasing number of elderly in the European population with increased life expectancy, fractures in the elderly constitute the major patient volume in the orthopaedic departments. The increasing quantity must be met by increasing quality in the treatment.

The Department of Orthopaedics at Bispebjerg Hospital, University of Copenhagen, Denmark, is well known for its work, both on prevention and treatment of fractures in the elderly, especially hip fractures. Within the Medical Faculty of University of Copenhagen orthopaedic surgeons, anaesthesiologists and gastro intestinal surgeons have all within their fields of work promoted early active treatment, so called fast track surgery.

Collaboration between the University of Copenhagen in Denmark and the University of Lund in south Sweden with its hospitals in Lund and Malmö has increased during recent years. It is facilitated by the nowadays easy connection by the bridge over Öresund between Copenhagen and Malmö. The scientific developments at the University Hospitals in Lund and Malmö have also focused on fractures in the elderly.

We now welcome orthopaedic surgeons from different European countries to this EFORT Instructional Course, which is performed together with the European Society for Trauma and Emergency Surgery, ESTES. With the recent fusion of orthopaedic and trauma care in Germany almost all locomotor trauma throughout Europe will be treated in the same type of department.

We look forward to meeting you all in Copenhagen, and to welcoming you to Bispebjerg Hospital, University of Copenhagen.

A handwritten signature in blue ink, appearing to read 'Jes Bruun Lauritzen'.

Jes Bruun Lauritzen

BJD-DK President

Chairman IC Copenhagen 2010

A handwritten signature in black ink, appearing to read 'Karl-Göran Thorngren'.

Karl-Göran Thorngren

EFORT Past President

Programme

Friday, 17 September

| Schedule | Topic | Faculty |
|----------|---------------------|----------------------------------|
| 7:30 | Registration | |
| 8:10 | Opening and welcome | J. B. Lauritzen P. M. Rommens |
| 8:20 | About EFORT | K. G. Thorngren |

Upper extremity fractures

| Schedule | Topic | Faculty |
|----------|--|-----------------|
| | Moderator: P. M. Rommens | |
| 8:30 | Epidemiology of fractures in the elderly | K. G. Thorngren |
| 8:40 | Proximal humeral fractures – osteosynthesis versus arthroplasty | S. Nijs |
| 8:55 | Elbow fractures – reconstruction versus arthroplasty | T. Bégué |
| 9:10 | Radial head fractures – osteosynthesis versus arthroplasty | C. Josten |
| 9:25 | Distal radius fractures – the many choices (A) | L. P. Müller |
| 9:40 | Distal radius fractures – the many choices (B) | P. Kopylov |
| 9:55 | Questions and discussion | |
| 10:15 | Coffee break | |

Workshops

| Schedule | Topic | Faculty |
|----------|----------------------|---------|
| 10:30 | Group 1 - Workshop 1 | |
| | Group 2 - Workshop 2 | |
| | Group 3 - Workshop 3 | |
| 12:00 | Lunch | |

Programme

Friday, 17 September

Periprosthetic fractures

| Schedule | Topic | Faculty |
|----------|-----------------------------------|---------------|
| | Moderator: J. B. Lauritzen | |
| 13:00 | Periprosthetic femoral fractures | R. Cabral |
| 13:15 | Periprosthetic knee fractures | P. M. Rommens |
| 13:30 | Bone substitutes – when and where | J. Rueger |
| 13:45 | Questions and discussion | |
| | Moderator: B. Duus | |
| 14:00 | LIVE TRANSMISSION from the OR | |
| 14:45 | Coffee break | |

Workshops

| Schedule | Topic | Faculty |
|----------|----------------------|---------|
| 15:00 | Group 1 - Workshop 2 | |
| | Group 2 - Workshop 3 | |
| | Group 3 - Workshop 1 | |

Deep venous thrombosis in elderly fracture patients

| Schedule | Topic | Faculty |
|----------|------------------------------|--------------|
| | Moderator: M. R. Lassen | |
| 16:30 | DVT in hip fracture patients | M. Parker |
| 16:45 | Medical DVT prophylaxis | M. R. Lassen |
| 17:00 | Questions and discussion | |
| 17:30 | End of the day | |
| 18:00 | Dinner | |

Programme

Saturday, 18 September

Hip fractures

| Schedule | Topic | Faculty |
|----------|---|----------------|
| | Moderator: M. Parker | |
| 8:00 | Neck fractures – nails versus arthroplasty | C. Rogmark |
| 8:20 | Trochanteric fractures – SHS versus intramedullary nail | M. Parker |
| 8:40 | Mortality in hip fracture patients | K. Åkesson |
| 9:00 | Consensus from International Hip Protector Research Group | J.B. Lauritzen |
| 9:10 | Osteoporotic bone in nano perspective | T. Hassenkam |
| 9:40 | Hip fracture biobank and bibliometrics | H.L. Jørgensen |
| 9:50 | Questions and discussion | |
| 10:10 | Coffee break | |

Workshops

| Schedule | Topic | Faculty |
|----------|----------------------|---------|
| 10:30 | Group 1 - Workshop 3 | |
| | Group 2 - Workshop 1 | |
| | Group 3 - Workshop 2 | |

Hip fracture rehabilitation programmes

| Schedule | Topic | Faculty |
|----------|--|-----------------|
| | Moderator: K.-G. Thorngren | |
| 12:00 | Optimised hip fracture programme | J. B. Lauritzen |
| 12:15 | Hip fracture rehabilitation | K.-G. Thorngren |
| 12:30 | Cochrane reviews | M. Parker |
| 12:45 | Fragility fracture network - coordinated approaches in fracture management | K. Åkesson |
| 13:00 | Questions and discussion | |

Closing of the course

| Schedule | Topic | Faculty |
|----------|-------------------------------------|-----------------|
| 13:15 | Review of the meeting - conclusions | J. B. Lauritzen |

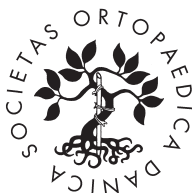
Faculty

in collaboration with:



ESTES

with the Patronage of:



DOS

Danish Orthopaedic Society



NOF

Nordic Orthopaedic Federation



SOF

Swedish Orthopaedic Association

K. Åkesson, Malmö Sweden
T. Bégué, Paris, France
R. Cabral, Coimbra, Portugal
B. R. Duus, Copenhagen, Denmark
T. Hassenkam, Copenhagen, Denmark
H. L. Jørgensen, Copenhagen, Denmark
C. Josten, Leipzig, Germany
P. Kopylov, Lund, Sweden
M. R. Lassen, Copenhagen, Denmark
J. B. Lauritzen, Copenhagen, Denmark
L. P. Müller, Cologne, Germany
S. Nijs, Leuven, Belgium
M. Parker, Peterborough, UK
C. Rogmark, Malmö, Sweden
P. M. Rommens, Mainz, Germany
J. Rueger, Hamburg-Eppendorf, Germany
K.-G. Thorngren, Lund, Sweden

Information

Course fee

Participants
EUR 250.00

Residents
EUR 125.00
(subject to reconfirmation by
your head of department)

Credits

approx. 12 European credits

Congress language

English – no simultaneous
translation

Scientific Committee

Jes Bruun Lauritzen,
Chairman
BJD-DK President, Denmark

Pol Maria Rommens,
ESTES President, Mainz, Germany

Karl-Göran Thorngren,
EFORT Past President, Lund, Sweden

Venue

Bispebjerg Hospital
Education Center
Entrance 50
Auditorium, Bispebjerg Bakke 23,
DK-2400 Copenhagen

Registration and accommodation

www.efort.org/ic/copenhagen2010

Opening hours

17 September: 7.30 - 17.30hrs
18 September: 8.00 - 13.30hrs

Forthcoming EFORT IC's

EFORT Advanced Training Programme 2010 / 2011

Shoulder

EFORT IC Vienna 2010, 8-9 October 2010

Topic: Shoulder endoprosthesis

Cadaver Lab

Foot and Ankle

EFORT IC Geneva, 26-27 November 2010

Topic: Hallux valgus/ Ankle arthritis

5 Live Surgeries

Knee

EFORT IC Lyon, 11-12 March 2011

Topic: Patello-Femoral disorders

Workshops &
3 Live Surgeries