

EFORT IC



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24TH EFORT INSTRUCTIONAL COURSE

BUDAPEST, HUNGARY

17-18 APRIL 2009

MAIN TOPICS

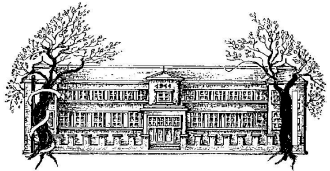
ACL Reconstruction

Cartilage Repair

MIS THR

MIS TKR

MIS Trauma



EFORT – JOINT EFFORTS

WELCOME ADDRESS



Dear colleagues,

We do appreciate to have the opportunity to welcoming orthopaedic surgeons from different European countries to the Uzsoki Hospital for the 24th EFORT IC - Instructional Course which will be held for the third time in Hungary in its wonderful capital Budapest.

The Orthopaedic Department of Uzsoki Hospital, founded more than 100 years ago as one of the first institutions of this speciality, has reached a position of being one of the centres of joint reconstruction surgery with a special focus on arthroscopic procedures including cartilage reconstruction, ACL surgery and different techniques of realignment operations and minimally invasive trauma.

Minimal-invasive techniques have reached significant popularity in recent years, Uzsoki was one of the centres first introducing MIS hip and knee arthroplasty in Hungary. Revision arthroplasty also claims for significant scientific and technical interest.

Four live surgeries will demonstrate tips and tricks of mosaicplasty, double-bundle ACL reconstruction, MIS hip and knee arthroplasty. We hope to see new techniques in 3 workshops and have substantial time for thoughtful discussions between sessions with international faculty.

We do trust your stay will be enjoyable and your expectations will be fully satisfied in Uzsoki Hospital and Budapest.

A handwritten signature in black ink, appearing to read 'K. Thorngren'.

Prof. Dr. Karl-Göran Thorngren
EFORT President

A handwritten signature in black ink, appearing to read 'L. Hangody'.

Prof. Dr. László Hangody
Local Chairman

PROGRAMME
FRIDAY, 17 APRIL 2009

- 7.15 Registration
7.50 Opening and welcome K.-G. Thorngren, L. Hangody, I. Golub
8.00 About EFORT
K.-G. Thorngren

ACL RECONSTRUCTION - CURRENT CONCEPT

Moderators: R. Verdonk, L. Peterson

- 8.15 New advancements in ACL reconstruction I. Berkes
8.25 Double-bundle ACL reconstruction - L. Hangody
rationale, technique, early experiences
8.35 Viewpoints of rehabilitation in ACL reconstruction Zs. Duska
8.45 **Live Surgery - L. Hangody**
double-bundle technique of ACL reconstruction
9.45 Discussion Lead: R. Verdonk
10.05 Coffee break - exhibition area

NEW ADVANCES IN CARTILAGE REPAIR

Moderators: L. Peterson, R. Verdonk

- 10.20 Experimental background and 17 years L. Hangody
clinical experiences with autologous
osteocondral mosaicplasty
10.30 Experimental background and rationale of L. Peterson
autologous chondrocyte implantation
10.45 Meniscal substitution: New trends R. Verdonk
11.00 Viewpoints of rehabilitation in different Zs. Duska
cartilage repair techniques
11.10 **Live Surgery - Cartilage repair with mosaicplasty L. Hangody**
12.10 Discussion Lead: L. Peterson
12.30 Lunch - exhibition area

PROGRAMME

MIS TOTAL KNEE REPLACEMENT

Moderators: A. Halder, M. Szendrői

- 13.20 Functional anatomy of the knee – total knee replacement B. Tácsik
- 13.30 Indications and limitations of mini midvastus and QS TKR techniques I. Udvarhelyi
- 13.40 Ligament balancing in MIS TKR - mission impossible? A. Halder
- 13.55 **Live Surgery – MIS total knee replacement-technique of realignment** I. Udvarhelyi
- 14.55 Rehabilitation following navigated minimally invasive and conventional total knee replacement M. Szendrői
- 15.10 Discussion Lead: A. Halder
- 15.30 Coffee break - exhibition area

MIS TECHNIQUES IN TOTAL HIP REPLACEMENT

Moderators: N. Böhler, W. Klauser

- 15.45 Functional anatomy of the hip – total hip replacement H. Rahmeh
- 15.55 Implants for total hip replacement – Choices in different countries K.-G. Thorngren
- 16.10 Techniques for difficult primary MIS THR W. Klauser
- 16.25 **Live Surgery – MINI / AL dysplastic total hip replacement** I. Udvarhelyi
- 17.25 MIS THR - ASA technique N. Böhler
- 17.40 Evaluation of single and two-incision MIS TKR I. Udvarhelyi
- 17.50 Discussion Lead: W. Klauser
- 18.10 End of the day
- 19.30 Dinner

PROGRAMME
SATURDAY, 18 APRIL 2009

WORKSHOPS

- 9.00 Zimmer Workshop - Experience with the NCB plates
Smith & Nephew Workshop
Sanatmetal Workshop

Moderators: S. Ruchholtz, A. Sárváry, L. Hangody

- 11.00 MIS technique of management of periarthritic and periprosthetic fractures S. Ruchholtz
- 11.15 MIS technique of distraction screw osteosynthesis I. Kádas
- 11.30 Advancement in techniques of management of fractures of proximal femur F. Tóth
- 11.45 Challenge and limitations of MIS technique of IM nailing A. Sárváry
- 12.00 Discussion Lead: S. Ruchholtz
- 12.15 Closing remarks, end of the course L. Hangody, M. Szendrői
- 12.30 Lunch

INFORMATION

ORGANISATION

EFORT CENTRAL OFFICE

Technoparkstrasse 1

8005 Zurich

Switzerland

Mr. Patrick Collet

E-mail: patrick.collet@efort.org

Phone: +41 (0)44 448 44 00

VENUE

Uzsoki Hospital

Rona utca 192-202

HU-1145 Budapest

REGISTRATION AND ACCOMMODATION

www.efort.org

Registration deadline: 10 April 2009

OPENING HOURS

Friday, 17 April 2009, 7.15–18.15

Saturday, 18 April 2009, 9.00–12.30

CONGRESS LANGUAGE

English – no simultaneous translation

COURSE FEE

Registration fee (incl. dinner on April 17th)	EUR 300
Registration fee for residents*	EUR 150
Onsite registration	EUR 330

*A proof of occupation is mandatory

(The course fee does not incl. travel, accommodation)

CREDITS

9 European credits

10 Hungarian credits

VENUE AND COMMITTEES



Department of Orthopaedics & Trauma
Uzsoki Hospital
Rona utca 192-202
1145 Budapest
Hungary

Auditorium: Lecture hall of Uzsoki Hospital, Róna street 214

EFORT EDUCATION COMMITTEE

Prof. Dr. Enrique Caceres Palou, Chairman EFORT Education Committee

SCIENTIFIC COMMITTEE

MOT-HOA

Prof. Dr. László Hangody, Chairman LO Budapest 2009, Hungary

Dr. Iván Udvarhelyi, Chairman LO Budapest 2009, Hungary

MOT-HOA / UZSOKI HOSPITAL

Prof. Dr. László Hangody, Chairman LO Budapest 2009, Hungary

Dr. Iván Udvarhelyi, Chairman LO Budapest 2009, Hungary

Prof. Dr. Miklós Szendrői, Organising Committee Budapest 2009, Hungary

Doc. Dr. László Bucsi, President MOT-HOA Hungary

Dr. Zoltán Kárpáti, Organising Committee Budapest 2009, Hungary

Spec

ALL

Specialists, Resi

Residents

ALL

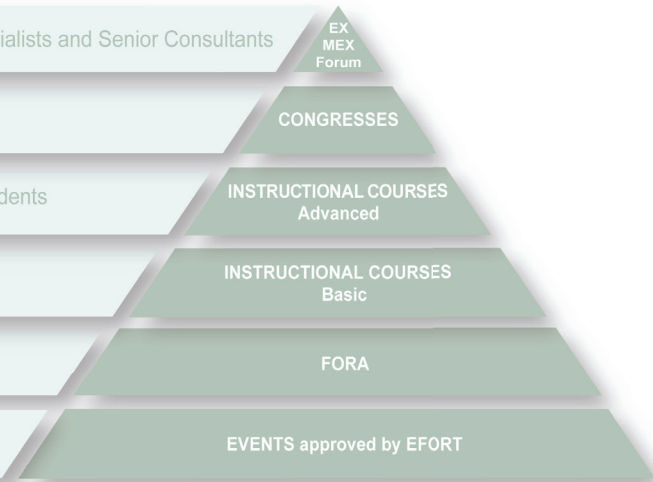
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Target Groups

FACULTY

FACULTY

Prof. Dr. István Berkes, Budapest, Hungary
Prof. Dr. Nikolaus Böhrer, Linz, Austria
Mrs. Zsófia Duska, Budapest, Hungary
PD Dr. Andreas Halder, Sommerfeld, Germany
Prof. Dr. László Hangody, Budapest, Hungary
Dr. Istvan Kádas, Budapest, Hungary
PD Dr. Wolfgang Klauser, Hamburg, Germany
Prof. Dr. Lars Peterson, Gothenburg, Sweden
Dr. Husam Rahmeh, Budapest, Hungary
Prof. Dr. Steffen Ruchholtz, Essen, Germany
Prof. Dr. A. Sárváry, Budapest, Hungary
Prof. Dr. Miklós Szendrői, Budapest, Hungary
Dr. Balázs Tácsik, Budapest, Hungary
Prof. Dr. Karl-Göran Thorngren, Lund, Sweden
Dr. Ferenc Tóth, Budapest, Hungary
Dr. Iván Udvarhelyi, Budapest, Hungary
Prof. Dr. René Verdonk, Gent, Belgium



Event Structure