



I. Our Aims of the programme

EFORT, as the Federation of National Associations of Orthopaedics and Traumatology, aims to enhance and unify orthopaedic training, continuous medical education and knowledge transfer. We aim to support and create new personal bonds to improve mutual understanding, collaboration and unity of all National Associations of Orthopaedics and Traumatology in Europe.

We achieve our goals on the one hand by organising congresses and instructional courses and on the other hand with our Fellowship programmes. With these programmes we offer our members (the National Associations) to apply to be host countries.

The national society presidents are asked to nominate their fellow – a high potential student in his/her final year of orthopaedic training - to give them also the opportunity to enhance their personal experience by observation, participation, and discussion as well as to visit other European countries. EFORT believes that, in addition to the essential scientific activities, our Travelling Fellowship programme will spread ideas about geography, culture, social systems and traditions of other colleagues and countries.

II. Our Rules for hosting countries

- Every Spring and Autumn (in total 2 per year) a Travelling Fellowship is organised by EFORT and one of the National Associations. The period of the Travelling Fellowship is limited to one week.
- All members of EFORT (National Associations) are invited to nominate **one** trainee to participate in **one** of the two Travelling Fellowships each year.
- The total number of participating fellows is restricted to 14 participants per Travelling Fellowship course.
- The candidates must be trainees in Orthopaedics and Traumatology and in their final years of training.

The national association presidents are free to set up their own selection and nomination procedure for their candidates. The EFORT executive board coordinates all applications by the National Associations for the Travelling Fellowship programme. EFORT contributes a symbolic grant of €500/resident to the expenses of the organising committee of the Travelling Fellowship programme by the host National Association of Orthopaedics and Traumatology upon request.



The host (National Association of Orthopaedics and Traumatology) will:

- Organise clinical sessions and operative demonstrations (e.g. live surgeries), lectures and social meetings for a group of about 14 fellows in 2-4 different departments or towns of the host countries. The duration is limited to one week.
- It would be interesting to try to link the visit of the travelling fellows with some kind of already existing postgraduate course organised in the host country.
- Inform as soon as possible the participating National Associations of Orthopaedics and Traumatology (Presidents and EFORT delegates) of the programme of the Travelling Fellowship and the necessary data concerning timetable and location.
A pre-programme as well as a fixed date and information about the locations have to be available 6 month in advance at the latest.
- Publish the programme of the Travelling Fellowship on the EFORT homepage.
- **Bear all of the travelling and housing expenses for the fellows during their stay in the host country, avoiding luxurious accommodation in order to contain the expenses.**

The participating National Associations of Orthopaedics and Traumatology will:

- Proceed as soon as possible with the selection of their fellows and inform EFORT who will inform accordingly the host National Association of Orthopaedics and Traumatology of the name, address, fax and telephone number and e-mail address of the participating fellow. A copy should be sent to Professor Philippe Neyret and the EFORT Head Office.
- **Bear all of the travel costs for the fellow(s) to and from their country of origin.**

The participants will

- Have a presentation in the beginning of the Travelling Fellowship about themselves, their country and national association, their experiences and their expectation of the Fellowship programme. Each presentation will take about 15 minutes.
- Submit a written (individual) report to their National Association of Orthopaedics and Traumatology after completion of the Travelling Fellowship. In addition, the whole group of fellows participating in this fellowship will also submit a written (group) report to the Executive Board and the Secretary General of EFORT for publication on the EFORT Portal and in the EFORT Newsletter.

Guidelines of the EFORT Travelling Fellowships

www.efort.org



The Chairman EFORT Travelling & Visiting Fellowships will nominate one godfather for each Travelling Fellowship course, who will attend at least one evening session with the group. He will have a short presentation about the past and the future of EFORT to strengthen the EFORT feeling in the group. The travel and accommodation expenses of the godfather will be covered by EFORT.

Please feel free to contact the EFORT Head Office for further questions you might have.

Yours sincerely,

Mr. Stephen R. Cannon
EFORT President 2014 - 2015

Prof. Dr. Philippe Neyret
Chairman EFORT Travelling & Visiting Fellowships