

WELCOME ADDRESS



Dear colleagues,

We do appreciate to have the opportunity to welcome orthopaedic surgeons from different countries of Europe at Uzsoki Hospital for the course which is dedicated to EFORT Instructional Course in 2007. EFORT is proud and happy to announce the first Instructional Course in Hungary in its wonderful capital Budapest.

The Orthopaedic Department of Uzsoki Hospital founded more than 100 years ago as one of the first institutions of this speciality has reached a position of being one of the centres of joint reconstruction surgery with a special focus on arthroscopic procedures including cartilage reconstruction, ACL surgery and different techniques of realignment operations.

Minimal-invasive techniques have reached significant popularity in recent years, Uzsoki was one of the centres first introducing MIS hip and knee arthroplasty in Hungary. Revision arthroplasty also claims for significant scientific and technical interest.

Four live surgeries will demonstrate tips and tricks of mosaicplasty, double-bundle ACL reconstruction, 2 incision MIS hip and knee arthroplasty.

We hope to see new techniques in 4 workshops and have substantial time for thoughtful discussions between sessions with international faculty.

We do trust your stay will be enjoyable and your expectations will be fully satisfied in Uzsoki Hospital and Budapest.

Prof. Dr. Wolfhart Puhl
EFORT President

Prof. Dr. László Hangody
Local Chairman

PROGRAMME

FRIDAY, 14 SEPTEMBER 2007

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|------|---|-----------------------------------|
| 7.15 | Registration | |
| 7.50 | Opening and welcome | M. Szendrői, L. Hangody, I. Golub |
| 8.00 | About EFORT | M. Szendrői |
| 8.10 | Indication to surgery –
is there a need for European guidelines? | K. Dreinhöfer |

ACL RECONSTRUCTION CURRENT CONCEPT

Moderators: J. Eichhorn, I. Berkes

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|-------|---|-------------|
| 8.30 | Current concepts of ACL reconstruction | J. Eichhorn |
| 8.40 | New advancements in ACL reconstruction | I. Berkes |
| 8.50 | Double-bundle ACL reconstruction –
rationale, technique, early experiences | L. Hangody |
| 9.00 | Viewpoints of rehabilitation in ACL reconstruction | Zs. Duska |
| 9.10 | Live Surgery –
double-bundle technique of ACL reconstruction | L. Hangody |
| 10.00 | Discussion | |
| 10.20 | Coffee break - exhibition area | |

NEW ADVANCES IN CARTILAGE REPAIR

Moderators: L. Petersen, S. Nehrer

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|-------|--|-------------|
| 10.35 | Experimental background and 15 years
clinical experiences with autologous
osteochondral mosaicplasty | L. Hangody |
| 10.50 | Experimental background and rationale of
autologous chondrocyte implantation | L. Petersen |
| 11.05 | Early clinical results of matrix-associated
autologous chondrocyte implantation | S. Nehrer |
| 11.20 | Live Surgery – Cartilage repair with mosaicplasty | L. Hangody |
| 12.20 | Viewpoints of rehabilitation in different
cartilage repair techniques | Zs. Duska |
| 12.35 | Discussion | |
| 12.50 | Lunch - exhibition area | |

PROGRAMME

MIS TOTAL KNEE REPLACEMENT

Moderators: A. Halder, M. Pietsch

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|-------|--|---------------|
| 13.30 | Functional anatomy of the knee –
total knee replacement | B. Tácsik |
| 13.40 | MIS ASA technique in TKR | N. Böhler |
| 13.55 | Indications and limitations of mini midastus
and QS TKR techniques | I. Udvarhelyi |
| 14.10 | Comparative evaluation of different
MIS TKR techniques | M. Pietsch |
| 14.25 | Live Surgery –
varus MIS total knee replacement | I. Udvarhelyi |
| 15.25 | Rehabilitation following navigated minimally
invasive and conventional total knee replacement | M. Szendrői |
| 15.40 | Coffee break - exhibition area | |
| 15.55 | Discussion | |
| 16.15 | Workshops | |
| 18.15 | End of the day | |
| 19.30 | Dinner | |

SATURDAY, 15 SEPTEMBER 2007

MIS TECHNIQUES IN TOTAL HIP REPLACEMENT

Moderators: N. Böhler, M. Szendrői

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|-------|--|---------------|
| 8.30 | Functional anatomy of the hip –
total hip replacement | H. Rahmeh |
| 8.40 | Implants for total hip replacement –
hard to find the right one | W. Puhl |
| 8.55 | Evaluation of single and two-incision MIS THR | I. Udvarhelyi |
| 9.10 | MIS THR – dysplastic hips | N. Böhler |
| 9.25 | Live Surgery –
MIS 2 incision total hip replacement | I. Udvarhelyi |
| 10.25 | Coffee break - exhibition area | |
| 10.40 | MIS THR – direct lateral approach | L. Bucsi |
| 10.55 | Discussion | |
| 11.15 | Case discussion with all faculty | |
| 12.00 | Closing remarks, end of the course | |
| 12.30 | Lunch - exhibition area | |

MODERATORS AND FACULTY

MODERATORS

Prof. Dr. Istvan Berkes, Budapest, Hungary
Prof. Dr. Nikolaus Böhler, Linz, Austria
Dr. Jürgen Eichhorn, Straubing, Germany
Dr. Andreas Halder, Sommerfeld, Germany
Prof. Dr. Stephan Nehrer, Vienna, Austria
Prof. Dr. Lars Petersen, Gothenburg, Sweden
Dr. Martin Pietsch, Stolzalpe, Germany
Prof. Dr. Miklós Szendrői, Budapest, Hungary

FACULTY

Prof. Dr. Istvan Berkes, Budapest, Hungary
Prof. Dr. Nikolaus Böhler, Linz, Austria
Dr. László Bucsi, Szekesfeheravar, Hungary
Dr. Karsten Dreinhöfer, Ulm, Germany
Mrs. Zsófia Duska, Budapest, Hungary
Dr. Jürgen Eichhorn, Straubing, Germany
Prof. Dr. László Hangody, Budapest, Hungary
Prof. Dr. Stephan Nehrer, Vienna, Austria
Prof. Dr. Lars Petersen, Gothenburg, Sweden
Dr. Martin Pietsch, Stolzalpe, Germany
Prof. Dr. Wolfhart Puhl, Oberstdorf, Germany
Dr. Husam Rahmeh, Budapest, Hungary
Prof. Dr. Miklós Szendrői, Budapest, Hungary
Dr. Balazs Tácsik, Budapest, Hungary
Dr. Iván Udvarhelyi, Budapest, Hungary

INFORMATION

ORGANISATION

EFORT CENTRAL OFFICE
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Switzerland

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REGISTRATION AND ACCOMMODATION

www.efort.org

OPENING HOURS

Friday, 14 September 2007, 7.15–18.00
Saturday, 15 September 2007, 8.30–12.00

CONGRESS LANGUAGE

English – no simultaneous translation

COURSE FEE

Participant	EUR 250
Resident in training*	EUR 150
Students and allied care providers*	EUR 75

(The course fee does not incl. travel, accommodation and dinner)

*Student card or proof of occupation is mandatory and will be proofed upon registration on-site

REGISTRATION DEADLINE

31 August 2007

CREDITS

12 European credits
10 Hungarian credits

COMMITTEES

SCIENTIFIC COMMITTEES

EFORT

Prof. Dr. George Bentley, Past-President EFORT, UK

MOT-HOA

Prof. Dr. László Hangody, Chairman LO Budapest 2007, Hungary
Dr. Iván Udvarhelyi, Chairman LO Budapest 2007, Hungary

ORGANIZING COMMITTEES

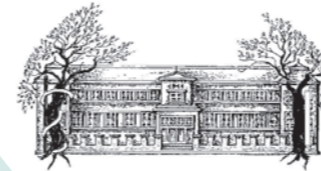
EFORT

Prof. Dr. Wolfhart Puhl, President EFORT, Germany
Dr. Manuel Cassiano Neves, Chairman Events EFORT, Portugal

MOT-HOA/UZSOKI HOSPITAL

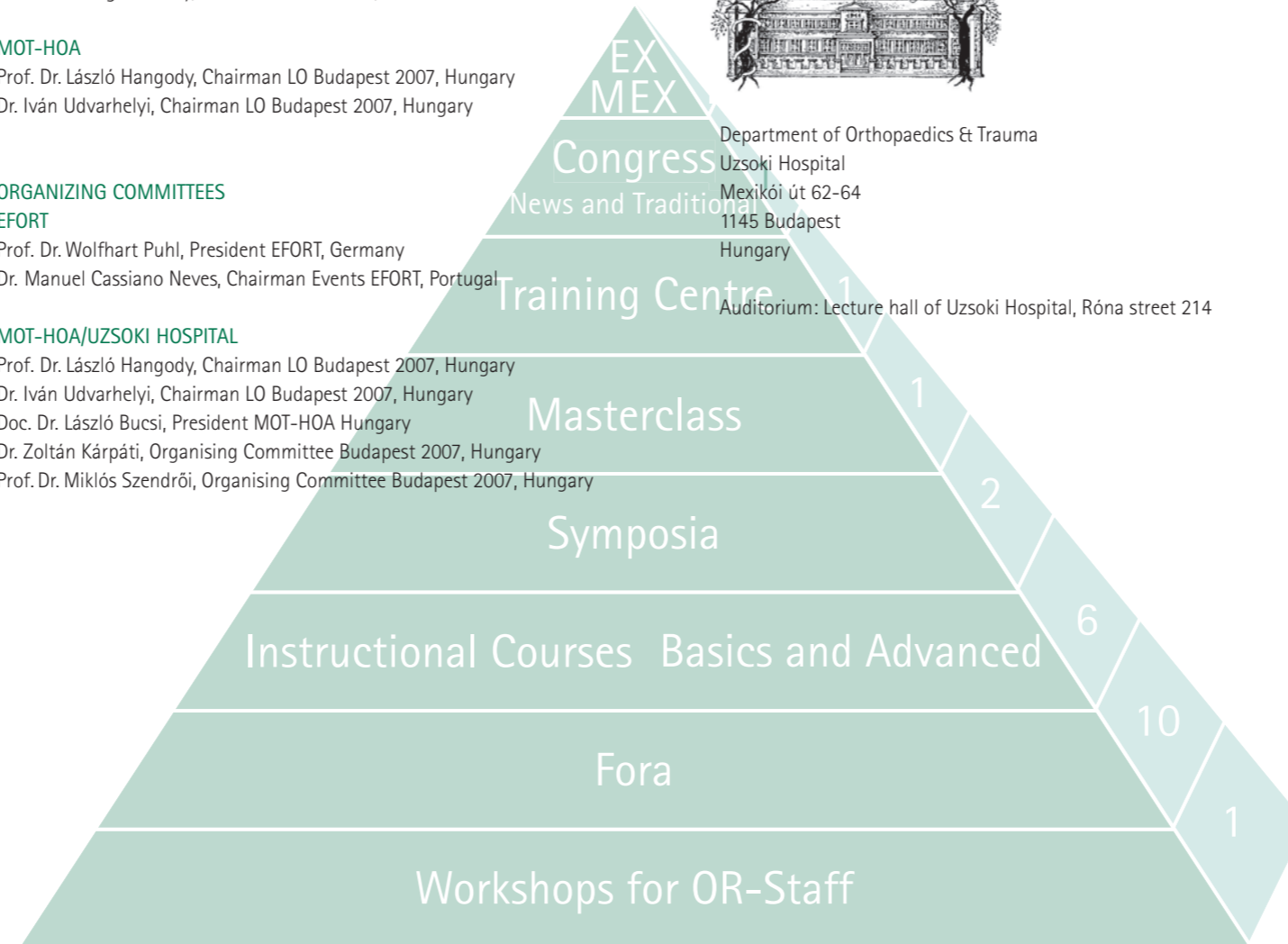
Prof. Dr. László Hangody, Chairman LO Budapest 2007, Hungary
Dr. Iván Udvarhelyi, Chairman LO Budapest 2007, Hungary
Doc. Dr. László Bucsi, President MOT-HOA Hungary
Dr. Zoltán Kárpáti, Organising Committee Budapest 2007, Hungary
Prof. Dr. Miklós Szendrői, Organising Committee Budapest 2007, Hungary

VENUE



Department of Orthopaedics & Trauma
Uzsoki Hospital
Mexikói út 62-64
1145 Budapest
Hungary

Auditorium: Lecture hall of Uzsoki Hospital, Róna street 214



EFORT IC



14TH EFORT INSTRUCTIONAL COURSE

BUDAPEST, HUNGARY
14–15 SEPTEMBER 2007

