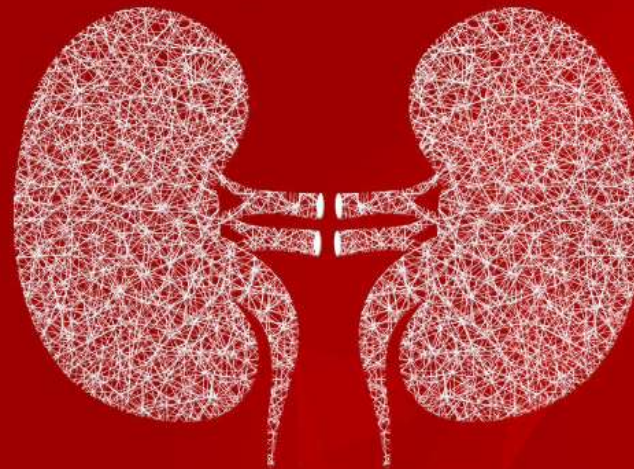




Welcome to the

International Federation of Kidney Foundations - World Kidney Alliance

[Read More](#)



International Federation of Kidney Foundations – World Kidney Alliance is a re-launch of the International Federation of Kidney Foundations on 1 July 2020. IFKF-WKA has an enhanced Vision, Mission, Strategy and Programs, in particular, to partner with kidney patient group and advocacy organization.

Vese Alapítványok Nemzetközi Szövetsége - Vese Világ Szövetség

Az IFKF 1999-ben alakult meg



Joel Kopple MD
1998. National Kidney Foundation
USA elnöke indítványozta a világ
vese alapítványai számára
ernyőszervezet létrehozását.



Az alapító tagok között
szerepelt Prof. Dr. Rosivall
László is, évekig vezetőségi
tagként funkcionált, jelenleg
szakmai tanácsadó.



**International Federation of Kidney Foundations – World Kidney Alliance
The virtual launch, 1 July 2020**



Kezdeményezés a tevékenység és a hatókör kiterjesztésére:
International Federation of Kidney Foundations – World Kidney
Alliance (IFKF-WKA).

Jelenlegi elnöke Dr. Siu-Fai Lui, BBS MH JP

Vezetőségi tagjai között: Haris Ágnes, 2020. decembertől



Better kidney Health for all.
Optimal care for people
with kidney disease.

IFKF-WKA Connect
January 2021
Official Newsletter of IFKF-WKA



Vision
Mission
Strategy

- Támogatja és segíti a helyi vese alapítványok létrejöttét.
- Nemzetközi együttműködést alakít ki vesebeteg csoportokkal és érdekképviselői szervezetekkel.
- Segíti a vesebetegek optimális ellátását, magas színvonalú életminőségük megőrzését.
- Küldetése, hogy világszerte támogassa a magas szintű, holisztikus egészségügyi ellátást.
- A kezelés legjobb gyakorlata irányelveinek elfogadását és terjesztését.
- Segítse a tagszervezetek oktatási programjait,
- A vesebetegséggel és a vesebetegek ellátásával kapcsolatos kutatásokat.
- Küzd azért, hogy a betegek és hozzátartozóik aktívan részt vegyenek a gondozásban.
- Célja, hogy a társadalommal megismertesse a CKD okait és a megelőzés lehetőségét.

A Vese Világnap létrejött

- *„Dear Fond of Kidney Colleagues!*
- *I would like to make a recommendation for our organization in order to have more recognition and support worldwide for kidney diseases, research and renal education.*
- *I think it is time and it is our duty to call for the attention of the nations, governments and statesmen to announce and support a Day or a “Week of KIDNEY”.*
- *This international event should happen in all the countries at the same time addressing the same issues from public level to the professionals employing all the available means like media, open days in universities or dialysis centers, lectures, distribution of flyers etc, to increase the public awareness and attract more support for Nephrology.”*

2003. 03. 11

Prof. Dr. László Rosivall

The 2012 Budapest Declaration of the IFKF

A holistic approach to address the bio-psycho-socio-spiritual needs of individuals living with chronic kidney disease

Chronic Kidney Disease poses a growing concern for society in both developed and developing countries. It is the responsibility of the medical and health care communities, governments and civil bodies to act collaboratively to address the challenges for patients living with chronic kidney disease in a holistic manner, to achieve the best health outcomes, including rehabilitation and quality of life.

We recommend that national governments in collaboration with international and non-governmental organizations develop and implement, as a priority, comprehensive programs for the screening, prevention, treatment and rehabilitation of individuals living with chronic kidney disease.

We recommend that these organizations increase the level of their funding for the advancement of clinical and basic scientific research related to kidney disease of all types with the ultimate goal of ensuring a continual provision and application of the most advanced knowledge and technical advances for the benefit of kidney patients. The translation of scientific research findings into clinical practice should be facilitated and supported.

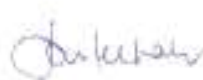
We recommend that medical communities employ a holistic approach for the treatment of patients living with chronic kidney disease, recognizing all their bio-psycho-socio-spiritual and somatic needs. It is important to combine the cutting-edge modern technology of the 21st century with the methods of healing focusing on the whole person and individual care to ensure better efficacy in the prevention, treatment and rehabilitation.

Educational activities of scientists, healthcare professionals, kidney patients and the public-at-large regarding prevention, detection and treatment of kidney disease in all its aspects should be recognized and supported. These goals should become a priority and focus for governments and non-governmental organizations. Education, as an essential step in the self-care by patients, has received less attention and deserves more focus and support.

We believe that implementing these recommendations and actions will have a substantial effect on the outcomes and quality of life for our patients and will contribute to the sustainable development of medicine and mankind as a whole.

Budapest 2012/08/25

Signed and endorsed by:



Annual Meeting

Co-living with COVID-19

Sharing of experience

12 December 2020



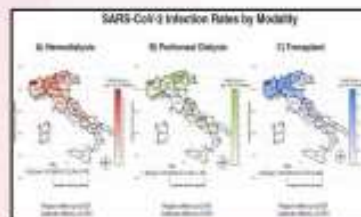
Bangladesh [Presentation](#)
Prof. Harun Ur Rashid



Hong Kong [Presentation](#)
Dr. Siu-Fai Lui



India [Presentation](#)
Ms. Latha Kumaraswami



Italy [Presentation](#)
Dr. Alessandro Balducci



Malaysia [Presentation](#)
Dato Dr. Zaki Morad



Turkey [Presentation](#)



LIVING WELL WITH KIDNEY DISEASE

(1) A questionnaire for patient
for a self-assessment and a reflection on living well.

(2) A patient survey
to assess how our patients are doing with living well

Developed by Dr. SF Lui and Dr. YL Cheng
for Hong Kong Kidney Foundation &
Hong Kong Society of Nephrology



Summary

The top 5 problems/ concerns reported by the patients

Fatigue	7
Concern about the future	6
Financial impact	5
Sleep problems	5
Thirsty/Fluid restriction	3





Featured Recipes



Old Fashioned Canadian Stew

Here's a low potassium version of the classic Canadian stew.

DIET TYPE
High Protein, Low Phosphorus,
Low Potassium

MEAL TYPE
Beef, Family Friendly, Soups & stews

[Get the Recipe](#)



Red Lentil Dahl

Pre-soaking the lentils for 12 or more hours will effectively reduce the potassium content by 93%

DIET TYPE
High Protein, Low Phosphorus,
Low Potassium

MEAL TYPE
International cuisine, Soups & stews,
Vegan - Plant-based,
Vegetarian main dishes

[Get the Recipe](#)



Vegetable Chili

In your slow cooker pot, combine the following ingredients and cook for 4 hours on high heat, or 8 hours.

[Read this post](#)

MEAL TYPE
Soups & stews, Vegan - Plant-based,
Vegetarian main dishes

[Get the Recipe](#)



Old Fashioned Canadian Stew

Diet Type High Protein | Low Phosphorus | Low Potassium
Meal Type Beef | Family Friendly | Soups & stews

Adapted from <https://www.heartofkitchen.com>

Photo by Melanie Liu



Diet Types

Here's a low potassium version of the classic Canadian stew.

Köszönöm a figyelmet!