

**Venue: Sofitel Wrocław Old Town, Św. Mikołaja 67, Wrocław (Breslau)
50-127, Poland**

Final programme

Thursday, 13 March

Session 1 Diabetes care – combining research and practice

Chair: *Leszek Czupryniak, Sean Dinneen*

17.00-17.15 Welcome address

17.15-17.55 **Diabetes care & research – recent developments** – Sean Dineen (Ireland)

17.55-18.00 Q&A

18.00-18.40 **Molecular biology, genetics, genomics – does a diabetes doctor need them?**
– Maciej Małecki (Poland)

18.40-18.45 Q&A

18.45-19.25 **Managing obesity effectively** – Christophe de Block (Belgium)

19.25-19.30 Q&A

20.00- ... Welcome Dinner

Friday, 14 March

06.30-08.30 Breakfast

Session 2 Type 1 diabetes in adolescents and adults

Chair: *Elisabeth Mathiesen, Pratik Choudhary*

08.30-08.55 **Type 1 diabetes in adults: where is the challenge (LADA, concomitant autoimmune diseases)** – Tomasz Klupa (Poland)

08.55-09.00 Q&A

09.00-09.25 **Hypoglycemia burden in type 1 diabetes** – Pratik Choudhary (UK)

09.25-09.30 Q&A

09.30-09.55 **Pregnant woman with diabetes** – Elisabeth Mathiesen (Denmark)

09.55-10.00 Q&A

10.00-10.25 Special situations in the life of a person with diabetes: long-distance travelling, surgery, acute illness, cancer – Leszek Czupryniak (Poland)

10.25-10.30 Q&A

10.30-10.45 Coffee break

Workshops 1 How to ...

(Each 60-min workshop repeated twice, participants attend 2 out of 3 workshops)

10.45–13.00 **... use insulin pumps and CGMS in adults type 1 patients safely and effectively** (P. Choudhary, T. Klupa)

... manage acute hyperglycemic complications (ketoacidosis, hypermolar state) (S. Dinneen, L. Czupryniak)

... manage pregnant women with GDM and type 1 diabetes (E. Mathiesen, M. Małeckki)

13.00-13.15 group photograph

13.15-14.00 lunch

Session 3 Type 2 diabetes – prevention & management

Chair: *Mina Mitrakou, Leszek Czupryniak*

14.00-14.25 **Successful lifestyle modification as a way to prevent and to treat type 2 diabetes** – Mina Mitrakou (Greece)

14.25-14.30 Q&A

14.30-14.55 **Comprehensive pharmacological treatment of type 2 diabetes** – Leszek Czupryniak (Poland)

14.55-15.00 Q&A

15.00-15.40 **How can a psychologist help in treating diabetes ?** – Arie Nouwen (UK)

15.40-15.45 Q&A

15.45-16.10 **'I, a surgeon, can cure type 2 diabetes'** – Dimitri Pournaras (UK)

16.10-16.15 Q&A

16.15-16.30 Coffee break

Workshops 2 How to...

(Each 50-min workshop repeated twice, participants attend 2 out of 3 workshops)

16.30–18.45 **... intensify treatment of type 2 diabetes** (M. Mitrakou, K. Strojek)

... advise patients on the surgical treatment of obesity (D. Pournaras. L. Czupryniak)

... motivate persons with diabetes to a behavioural change (A. Nouwen, S. Dinneen)

20.00 - 22.00 Dinner

Saturday, 15 March

06.30-08.30 Breakfast

Session 4 Vascular complications in various organs – part I

Chair: *Peter Gaede, Krzysztof Strojek*

08.30-09.10 **Managing hypertension, dyslipidemia, hypercoagulation** – Peter Gaede (Denmark)

09.10-09.15 Q&A

09.15-09.40 **Heart** – Krzysztof Strojek (Poland)

09.40-09.45 Q&A

09.45-10.10 **Kidneys** – Samy Hadjadj (France)

10.10-10.15 Q&A

10.15-10.45 Coffee break

Session 5 Vascular complications in various organs – part II

Chair: *Andrew J. M. Boulton, Bori Mankovsky*

10.45-11.25 **Brain, peripheral nerves, eyes** – Boris Mankovsky (Ukraine)

11.25-11.30 Q&A

11.30-11.55 **Feet as seen by a diabetologist** – Andrew J. M. Boulton (UK)

11.55-12.00 Q&A

12.00-12.25 **Feet as seen by a surgeon** – Karin Schara (Slovenia)

12.25-12.30 Q&A

12.30-13.30 Lunch

Workshops 3 How to treat a patient with...

(Each 60-min workshop repeated twice, participants attend 2 out of 3 workshops)

13.30–15.45 ... **diabetic foot** (A.J.M. Boulton, K. Schara & patients)

... **albuminuria with normal or elevated serum creatinine** (S. Hadjadj, B. Mankovsky)

... **multiple CVD risk factors or already having CVD** (P. Gaede, K. Strojek)

15.45–16.15 Farewell address, certificates distribution