Actions all over Hungary on World Psoriasis Day 2009

Preparing for the World Psoriasis Day (WPD), the **Hungarian Dermatological Society** (HDS) made a **short film** to present and draw attention to psoriasis disease and treatments. This film has been broadcasted in hungarian and international television channels. (www.derma.hu

On 19th September 2009, the **3rd National Psoriasis Convention and Open Day** was organized in **Harkány**, where patients and the deputies of 5 *active patient associations* participated from all over Hungary: Pécs, *Kaposvár, Budapest, Debrecen, Harkány, Szeged* – 65 persons in all. The convention was organized by the Zsigmondy Vilmos Medicinal Spa Hospital, Harkány by the help of the Psoriasis Club of Szeged and Kaposvár.

After the opening ceremony, certified specialists (rheumatologist, dermatologist) lectured on the followings: Harkány city, thermal waters of Harkány, hydrotherapy, psoriasis arthritis, modern treatments of psoriasis. After the presentations, the attendance could survey the medicinal spa, and try out the thermal water.

The **4th National Psoriasis Convention** will be organized in **2010** by the Psoriasis Club Hajdúság in **Debrecen**.

On the occasion of the *World Day of Psoriasis 2009*, the following Clinics, Medical Centers, Foundings organised activities:

1.) **On 29th October 2009,** Clinic of Dermatology, Centre of Health and Medical Sciences, University of **Debrecen** organised a conference.

The programme of this conference:

- 11 AM: Press conference in the library of the Clinic of Dermatology
- 4 PM: Opening by Prof. Dr. Éva Remenyik and Dr. Andrea Szegedi Lectures:
 - 1. Prof. Dr. Éva Remenyik: The therapic possibilities of psoriasis
 - 2. Dr. Andrea Szegedi: Our experiences in applying biological therapies
 - 3. Lászlóné Koszorús: Practical issues of applying biological therapies
 - 4. Reports of patients on the experiences in biological therapic treatments
 - 5. Dr. Emese Herédi: Other diseases associated with psoriasis survey involving the patients of the clinic
 - 6. Péterné Vatler: Report on the yearly activities of the Psoriasis Club of Hajdúság Region

Closing remarks – by Prof. Dr. Éva Remenyik Free communication, questions and answers section Reception

The most important messages of the World Day of Psoriasis conveyed by our conference:

- 1. Psoriasis affects the whole body.
- 2. Psoriasis is not a cosmetic disorder, but a disease.
- 3. Psoriasis is not infectious.
- 4. Appropriate treatment have to be provided for patients with psoriasis.
- 5. The words of the 125 million patients with psoriasis must be listened to.

2.) **On 29th October 2009**, Psoriasis Center of Clinic of Dermatology, Semmelweis University, **Budapest** organised an open day

3.) On 29th October 2009, Hungarian Psoriasis Foundation organized a meeting in **Budapest**: "Psoriasis therapies as how the patients see" (reports of patients on the experiences in different treatments, free communication, changing experiences).

4.) **On 30th October 2009,** the **Psoriasis Club of Szeged** organized a meeting at the Clinic of Dermatology and Allergology, University of Szeged: "World Day of Psoriasis".





Professor Lajos KEMÉNY, MD, DSc, Chairman of the Department of Dermatology and Allergology, University of Szeged; President of Hungarian Dermatological Society (HDS)

a) Scientific lectures



Rolland GYULAI, MD, PhD, Head of the Phototherapic Clinic, Past secretary general of Hungarian Dermatological Society (HDS)

b) role of patient associations



Katalin KOVÁCS, president of the Psoriasis Club of Szeged



László HULLMANN, board member of the Psoriasis Club of Szeged, organiser of the 2nd and 3rd National Psoriasis Convention and Open Day

c) reports of patients



d) musical performance





e) free communication with specialists and other patients





5.) **On 30th October 2009,** Clinic of Dermatovenerology and Oncodermatology, University of **Pécs** organized an open day (presenting the clinic, examination of patients, official formation of the **Psoriasis Patient Club of Pécs**).

6.) On 30th October 2009, the Psoriasis Club of Kaposvár organized an open day (commemoration of the 3rd National Psoriasis Convention and Open Day, new treatments of psoriasis, patient associations in Hungary, "patients with other patients about themselves and their experiences").

Patient Associations in Hungary

Hungarian Psoriasis Patients Association / Magyar Psoriasisos Betegek Egyesülete

Address:1092 Budapest , Ráday utca 55. I. 9/A.Email:szendim@mail.datanet.huWeb:http://psoriasis.huPresident:Miklós Szendi

Szegedi Pszoriázis Klub / Psoriasis Club of Szeged

Address:	6720 Szeged, Korányi fasor 6.
Telephone:	0036-30-338-2023
E-mail:	szegedi.psoriasis.klub@gmail.com
Web:	http://www.psoriasisklub-szeged.fw.hu
President:	Katalin Kovács (<u>kati.szeged@gmail.com</u>)

Psoriasis Club of Hajdúság / Hajdúsági Psoriasis Club

Address:4012 Debrecen, Nagyerdei krt 98.Telephone:0036-52-432-282, 0036-30-380-2224E-mail:psoriasis@freemail.huPresident:Judit Vatler Péterné (vatlerjudit@freemail.hu)

Psoriasis Club of Kaposvár / Kaposvári Pszoriázis Klub

Telephone:0036-30-9579-477E-mail:noviki1@t-online.huPresident:István Balogh

Psoriasis Club of Pécs / Pécsi Psoriasis Klub

Address:7624 Pécs, Kodály Z. u. 20.E-mail:hrita24@freemail.hu

Hungarian Psoriasis Foundation / Magyar Psoriasis Alapítvány Budapest

Address:	1092 Budapest, Ráday utca 55. I. 9/A.
Telephone:	(0036-1) 218-8110
Telefax:	(0036-1) 218-8120
E-mail:	<u>alapitvany@psoriasis.hu</u>
Honlap:	http://www.psoriasis.hu
Secretary:	Zsuzsanna Kiss (<u>vkiss.zsuzsanna@gmail.com</u>)

Psoriasis Club of Eger will be founded soon.

Contact Zsuzsanna Pap (idegenvezeto@ecity.agria.hu, 0036-30-981-23-84).

For more information, please contact president@derma.hu, and visit www.derma.hu