



## NATURE AND TRADITION IN HEALING

The beauty of the landscape, the beneficial microclimate of the area, the medicinal waters suitable for both internal and external use as well as the medicinal mofette gas maths all make Parádfürdő a nationally and internationally renowned health resort.

Surrounded by the Mátra Hills, Parádfürdő Hospital is one of the top rehabilitation hospitals of Hungary, where wide variety of locomotor, gastrointestinal, digestive and gynaecological conditions are treated. Parádfürdő Hospital is located on the northern slopes of the Mátra Hills, 110 km from Budapest.

## THE HEALING POWER OF WATERS

In Parád there are various different kinds of medicinal waters, the best known being the sulphurous „csevice” water and the ferrous-alum bathing water which has been used for medicinal purposes since 1813. The therapeutic value of the mineral waters originating from the local springs is incalculable.

- **ferrous-alum water:** Primarily used for special gynaecological purposes as a tub bath.

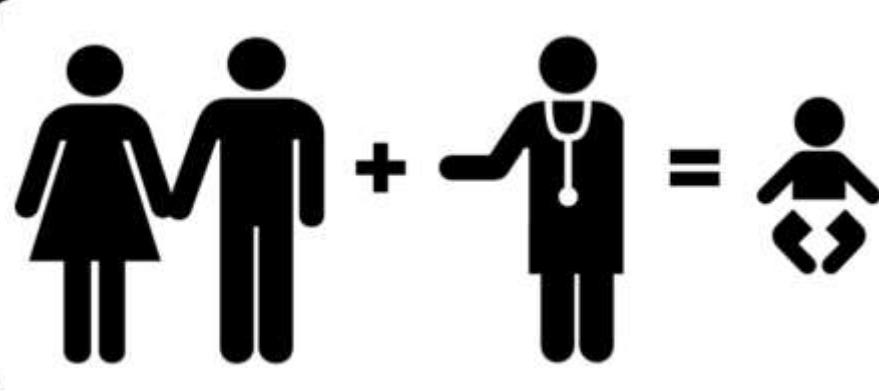


- **sulpureous, bi-carbonated acid-water - Csevice or Parád Water:** Effective in cases of gastrointestinal disorders, pancreatic and biliary disorders, chronic constipation, as well as in catarrhal conditions (airway, urinary catarrhs), taken in the form of a drinking cure.



**Would you like to give birth to a child?  
Have you had a serious operation?  
Do you have stomach or gastroenterological problems?  
Would you like to regain your full mobility and robust  
sense of good health?**

**All the necessary preconditions for your recovery are at hand at  
Parádfürdő Hospital!**



### **IMPROVED FERTILITY THROUGH HOLISTIC TREATMENTS**

- holistic treatment of infertility of various origins
- treatment after unsuccessful assisted interventions, pregnancies
- preliminary preparation for IVF interventions
- mitigation of hormonal insufficiency due to obesity

### **Gynaecological Rehabilitation**

- inadequate blood supply to the pelvic organs
- chronic gynaecological inflammatory conditions
- hormonal dysfunctions and endometriosis
- pre- and post-treatment of gynaecological surgical interventions

**During the treatment period our patients are continuously monitored and their progress followed.**

**Our health improvement staff provide complementary lifestyle advice.**

In addition to the benefits provided by the natural environment, we have excellent rehabilitation professionals with decades of experience. Parádfürdő Hospital offers individualized treatments in a friendly atmosphere, based on a holistic approach.

## **MOFETTE – MEDICINAL GAS BATH**

In Hungary the only natural carbon-dioxid gas discharges can be found in the Mátra Hills, a true balneological treasure chest. The medicinal gas can be employed in the high-quality care of vascular diseases and certain rheumatic disorders, such as chronic arterial and lymphatic diseases of the extremities, vascular complications associated with diabetes, reconstructive vascular surgery, catheter dilatation and after stent implantation. Some success was also achieved in treatment of Raynaud's syndrome. The Mofette bath is available in the neighbouring Erzsébet Park Hotel\*\*\* superior. Referral by a medical specialist is essential. Favourable effects can be achieved by cure consisting of 10-15 sessions.

## **OUR MISSION: TO PROVIDE INDIVIDUALIZED HOLISTIC TREATMENT WHILE FULLY MAINTAINING PATIENT DIGNITY**

Alongside complex therapies based around our wonderful medicinal waters, the peaceful resort-like surroundings of the hospital enable one to take a complete break from everyday life. This contributes to the success of the treatment, speeding up the healing processm refreshing body, mind and soul.

## **OTHER SERVICES:**

- individualized lifestyle training
- exercise equipment, flabélos
- guided Nordic Walking tours
- relaxation group therapy
- herbal medicine shop
- library
- infrasauna, solarium, hairdresser, beauty salon



Treatments at Parádfürdő Hospital are available on the Hungarian National Health Service, both in and outpatient.  
VIP treatment of complex medical conditions is also possible.

**For more information:**  
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