



13th ESSKA 2000 Congress

**May 21-24, 2008**

**Porto / Portugal**

2nd Announcement / Call for Abstracts

**Abstract deadline: October 10, 2007**

[www.esska2008.com](http://www.esska2008.com)

# WELCOME TO PORTO AND ESSKA 2000!

Dear friends,

ESSKA 2000 is an organization devoted to education since 1984, which contributes to the progress and evolution of Sports Traumatology, Knee Surgery and Arthroscopy.

Education is to learn, teach and evaluate. Education in medicine plays an important role since health is considered a human right. Medical education influences not only present generations but also the future ones. The importance of becoming a medical doctor should combine respect for moral and ethic values as well as character building with the aim to favour mankind.

The greatest exposure of ESSKA 2000 activity is the biannual congress that presents major scientific work that also aims education and the improvement of skills and attitudes towards medicine.

From 21st to 24th of May 2008, Porto city in Portugal will be your host for the 13th ESSKA 2000 Congress. I don't have the slightest doubt that the high scientific quality of this congress will be assured by the competence of the Chairmen of the Scientific Committee: Philippe Neyret and Jon Karlsson.

Porto - world cultural heritage - with its particular charm, its diversity of places, monuments, the rich atmosphere and different architectural styles, picturesque streets, busy squares, the river, wine cellars and areas where the familiar and friendly day-to-day activities take place. Porto creates a bridge between tradition, identity and the multiple features of true development.

The weather will be superb in May so take advantage of the sun and beaches, visit fantastic old towns from the middle ages such as Braga, Guimarães and Viana do Castelo or the Port wine vineyards in the Douro valley. Take your time to taste and enjoy it.

A congress is an opportunity to share and transmit scientific knowledge, but it is mainly a place to meet people, experience new cultures and make acquaintances. We won't spare any efforts to accomplish these goals and it will be an enormous pleasure to welcome you in Porto in 2008!

João Espregueira-Mendes  
*President of the Congress*

# WELCOME TO PORTO AND ESSKA 2000!

ESSKA 2000 biannual meetings attract the best of the Orthopaedic sports physicians in Europe. This time we will in addition bring you some of the best surgeons and sports doctors from around the world!

During this week we will offer you the best of the scientific world from the ESSKA 2000 members. The congress will start on Wednesday morning, May 21, and terminates on Saturday, May 24, at noon. Special day programmes for nurses and physiotherapists will be offered, as well as a session for young scientists.

The programme will focus on Evidence Based Medicine and on ESSKA 2000 in the future.

Our main guests, Michael Kjaer from Denmark, Chris Harner from the US, John Bartlett from Australia and Gilles Walch from France will keep us updated on basic science and on current clinical research methods.

There will be 15 well balanced instructional courses - 5 each day, starting Thursday, May, 22.

There will also be a variety of symposia on surgical techniques, and basic science in sports traumatology. Current trends in minimally-invasive surgery and computer assisted techniques will be highlighted. Several new topics will be well covered, and we are proud to invite several new scientists to the congress.

A strong focus will be placed on the degenerative knee, both in terms of cartilage surgery and knee replacements.

There will be 230 free papers and more than 500 posters. – In short, the congress will offer everything you need to stay updated and focused in the field of Sports Traumatology.

Remember, the abstract deadline is October 10th, 2007!

We look forward to seeing you in Porto.

Philippe Neyret  
*Programme Chair*

Jon Karlsson  
*Programme Chair*

# SCIENTIFIC PROGRAMME

## HIGHLIGHT LECTURES

### **Wednesday May 21, 2008**

Christopher Harner (USA): PCL Surgery: Foundations for decision making.  
What I have learned in 20 years.

Gilles Walch (France): Anterior instability of the shoulder - open or arthroscopic?

### **Thursday May 22, 2008**

John Bartlett (Australia): The high early failure rate in unicompartmental knee arthroplasty - factors involved and the place of computer navigation in alignment.

### **Friday May 23, 2008**

Michael Kjaer (Denmark): To operate or not to operate tendon injuries - What we can learn from basic science for treatment of tendinopathy.

## **Lectures**

20

## **Symposia**

44

## **Free papers**

230

## **Instructional Course Lectures**

15

## **Star Paper session**

## **Posters**

500

## **Young Scientists Meeting (YSOS)**

Chair: Peter Verdonk

## **National Society Award Session**

Chairmen: Romain Seil / Matteo Denti

## **Ejnar Eriksson Lecture by**

Robert J. Johnson

# INSTRUCTIONAL COURSE LECTURES (ICL)

## Thursday May 22, 2008

- ICL 1:** Knee arthroplasty - the importance of soft-tissue balancing  
*Chair: Christina Stukenborg-Colsmann*
- ICL 2:** Small and large cartilage defects, how to handle  
*Chair: Mats Brittberg*
- ICL 3:** Anatomic ACL reconstruction  
*Chair: Wolf Petersen*
- ICL 4:** Tissue engineering in sports medicine  
*Chair: Jacques Menetrey*
- ICL 5:** Patello-femoral pain syndrome  
*Chair: Per Hölmich*

## Friday May 23, 2008

- ICL 6:** Total knee replacement. Biomechanics, design and surgical technique  
*Chairmen: Ferran Montserrat, Jean Noel Argenson*
- ICL 7:** Instability and osteoarthritis after ACL injury  
*Chair: Christophe Hulet*
- ICL 8:** Disruption of the extensor mechanism of the knee  
*Chair: Nicola Maffulli*
- ICL 9:** Autologous chondrocyte implantation; long-term outcomes  
*Chair: Stefan Marlovits*
- ICL 10:** Double-bundle ACL reconstruction  
*Chair: Takeshi Muneta*

## Saturday May 24, 2008

- ICL 11:** Hip arthroscopy  
*Chairmen: Michael Dienst, Tarik Aitsiselmi*
- ICL 12:** Prevention of football injuries  
*Chair: Istvan Berkes*
- ICL 13:** Multidirectional shoulder instability: An update on diagnosis and treatment  
*Chair: Tom Ludvigsen*
- ICL 14:** ACL injuries: who to operate on? Biomechanical and clinical perspective?  
*Chair: Anastasios Georgoulis*
- ICL 15:** Rotator cuff repair and bio-technology  
*Chair: Pietro Randelli*

# NURSES COURSE (preliminary programme)

**Date:** Friday, May 23

**Time:** 08<sup>30</sup> - 18<sup>30</sup> h

**Chairmen:** Ferran Montserrat, Francois Kelberine, Manuel Vieira da Silva

08.30-09.00: Welcome

09.00-10.30: **Part 1: ACL reconstruction**

Initial assistance to sport trauma

The different grafts

09.20-09.30: Growth factors: surgery

One bundle, double bundle techniques

Instrumentation technique

Discussion

Workshop: 45 minutes

11.15-12.45: **Part 2: Unicompartmental knee arthroplasty**

How to improve instrumentation technique

Computer assisted surgery in knee arthroplasty

Mini invasive techniques

Growth factors in knee arthroplasty

Prevention of complications

Workshop: 45 minutes

13.30-14.30: **Lunch break**

14.30-16.30: **Part 3: Cartilage**

Instrumentation techniques

Arthroscopic chondroplasty and microfractures,

Open and arthroscopic mosaicplasty

Arthroscopic autologous chondrocyte implantation.

Meniscal repair and meniscal transplantation

Opening wedge osteotomy in articular cartilage lesions – proximal tibia and distal femur.

Workshop: cartilage (45 minutes)

16.30-16.30: **Coffee break**

16.45-17.45: Free oral presentations

18.00-18.30: Poster discussion

**Registration fee: 60 €**

# PHYSICAL THERAPY SECTION (preliminary programme)

**Date:** Thursday, May 22

**Time:** 09<sup>20</sup> - 17<sup>10</sup> h

**Chairmen:** *May Arna Risberg, Roland Thomée, Suzanne Werner*

## **ACL symposium**

1. Recent advances in the rehabilitation of patients with an ACL injury.

## **Tendon symposium:**

2. Recent advances in the rehabilitation of patients with lower extremity muscle/tendon injury.

## **Evaluation symposium:**

3. Recent advances in the evaluation of ACL, muscle- and tendon function and symptoms.

The symposia will include 4x10 min. presentations by different experts on various aspects of rehabilitation (evaluation) programs, approaches, models, issues. This will be followed by 30 minutes of a partly prepared and partly open to the audience panel discussion.

## **Detailed schedule**

09.20-10.20 Free abstracts ACL rehabilitation

10.20 ACL symposium

11.00 ACL panel discussion

## **11.30 Lunch**

12.30-13.30 Free abstracts Muscle/Tendon rehabilitation

13.30 Tendon symposium

14.10 Tendon panel discussion

## **14.40 Coffee**

15.00-16.00 Free abstracts ACL evaluation

16.00 Evaluation symposium

16.40 Evaluation panel discussion

## **17.10 Adjourn**

**Registration fee: 60 €**

# GENERAL INFORMATION

## ESSKA 2000 board

President:	Daniel FRITSCHY
1st vice president:	Lars ENGBRETSSEN
2nd vice president:	Niek VAN DIJK
Past president:	Neil P. THOMAS
Secretary:	Romain SEIL
Treasurer:	Joao ESPREGUEIRA-MENDES
Educational Secretary:	Matteo DENTI

## Chairmen of the Scientific Committee:

Philippe NEYRET, Jon KARLSSON

## Congress Chairman:

Joao ESPREGUEIRA-MENDES

## Date:

May 21-24, 2008

## Homepage:

[www.esska2008.com](http://www.esska2008.com)

## Congress venue:

Congress and exhibition centre Alfandega  
Rua Nova da Alfandega  
4050-430 Porto  
PORTUGAL  
[www.amtc.pt/congresso](http://www.amtc.pt/congresso)

## Official language:

English

## Congress Organisation:



Bewegende Begegnungen

INTERCONGRESS

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Wilhelmstr. 7  
65185 Wiesbaden  
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Fax: +49 611 97716-16  
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## Project Manager:

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## Industrial Exhibition:

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# REGISTRATION

Please register online at [www.registration.intercongress.de](http://www.registration.intercongress.de) (starting September 2007). Reduced rates are available when registration is effected before February 15, 2008.

## Registration fees

	Payment before Feb 15, 2008	Payment after or on Feb 15, 2008
ESSKA member	EUR 375,--	EUR 440,--
ISAKOS, AOSSM, APOSSM, AANA member	EUR 390,--	EUR 460,--
Non member	EUR 500,--	EUR 560,--
Eastern European Countries, SLARD member, Resident*	EUR 230,--	EUR 270,--
Accompanying person	EUR 40,--	EUR 60,--

\*only with document indicating training programme and level of training

## Registration includes:

Scientific sessions, instructional courses, workshops, symposia, access to the industrial exhibition, convention bag, badge, one copy of the final programme and the book of abstracts, welcome reception and coffee.

## Hotel Accommodation

Hotel reservation must be done until December 30, 2007. After that date there is no guarantee for rooms' availability. Special rates have been fixed for congress participants by the local agency CLUB-TOUR. Please visit the congress website and download the booking form (pdf) or send an e-mail to: [josemanuel@clubtour.pt](mailto:josemanuel@clubtour.pt).

## Social Programme

### Wednesday, May 21, 2008 (18.00h)

Welcome Reception at the congress centre

### Thursday, May 22, 2008 (21.00 h)

Gala Dinner

### Friday, May 23, 2008 (20.00 h)

President's Dinner (by personal invitation only)

# SUBMISSION OF ABSTRACTS

The submission of abstracts can only be effected by internet:  
**www.esska2008.com**. Deadline of submission is **October 10, 2007**

Confirmation of abstract selection: December 2007

## Important deadlines

Submission of abstracts: October 10, 2007  
Submission of award abstracts: October 15, 2007  
Confirmation of abstract selection: December 2007  
Deadline for registration at reduced rate: February 15, 2008  
Deadline for accommodation booking: December 30, 2007

Authors who submitted papers for the 2006-conference in Innsbruck/Austria still have a valid account for the abstract submission platform. If you have lost your password please go to [www.esska2008.com](http://www.esska2008.com) and click on abstract submission, enter your e-mail address in the log in section and click on „forgot password“. You will automatically receive a notification by e-mail with your password.

## AWARDS GIVEN DURING ESSKA 2000 CONFERENCE 2008

Applications for the ESSKA 2000 awards are only accepted via internet:  
[www.esska2008.com](http://www.esska2008.com), click on „Awards“.

Please note that all papers submitted at the general abstract platform are automatically considered for the awards in the categories „Best poster“ and „Best Abstract“ – Theo Van Rens Award. No separate application is needed for these awards.

You can submit a paper for award selection in one of the following categories:

### DJO Award:

Sponsored by DJO. This award is given for the best research project in rehabilitation and sports medicine.  
Prize money: 15.000 USD



### Young Researcher Award (<40y):

Sponsored by: Prof. Cerulli. This award is given to the best scientific manuscript in the fields of Knee Surgery, Sports Traumatology and Arthroscopy presented by a researcher < 40 years of age.  
Prize money: 1.500 EUR

### Award for best paper in Ligament and Biomechanics:

Sponsored by Smith & Nephew. This award is given to the best scientific manuscript in the fields of ligament healing and biomechanics in orthopaedic sports medicine.  
Prize money: 1.500 EUR



**The deadline of submission is OCTOBER 15, 2007!**

**I would like to receive the ESSKA 2000  
final congress programme as pdf document via e-mail:**

**Please fax to: +49 611 9771616**

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